



# GOOD FOR YOU, GENTLE TO PLANET

- FROM SPROUTED LEGUMES
- HIGH IN PROTEIN



## VEGAN **MEATBALLS**

**DRY MIX** 

Ingredients: Pea protein 66 %, dried sprouted mung bean crunchy flakes, thickener (E461), aroma, sprouted mung bean flour, roasted onions (90 % onions, sunflower oil), olive oil, sea salt, dried garlic, psyllium, beetroot concentrate, caramelized sugar. May contain traces of gluten, eggs, milk, soy, nuts and sesame.

250 g / carton: 8 pcs

#### SUITABLE FOR:

- frying, grilling and baking





## **VEGAN MINCE**

DRY MIX

**Ingredients:** Pea protein 47 %, sprouted mung bean flour, corn starch, dried mung bean crunchy flakes, roasted onions (onions 90 %, sunflower oil), sweet paprika, aroma, sea salt, fermented bean paste (water, bean 28 %), olive oil, dried garlic, psyllium, beetroot concentrate, caramelized sugar, ground black pepper. May contain traces of gluten, eggs, milk, soy, nuts and sesame.

250 g / carton: 8 pcs

#### **IDEAL FOR:**

- lasagna
- stuffed peppers
- spaghetti bolognese

## VEGAN **BURGER**

DRY MIX

Ingredients: Protein 57.5 % (peas 90.5 % and rice 9.5 %), dried sprouted mung bean crunchy flakes, roasted onions (onions 90 %, sunflower oil), thickener (E461), starch, yeast extract, olive oil, beetroot concentrate, iodised table salt (table salt, potassium iodate), dried vegetables, spices, aroma, psyllium, caramelized sugar, acidity regulator (sodium diacetate), antioxidant (ascorbic acid). May contain traces of gluten, egg, milk, soy, nuts and sesame.

250 g / carton: 8 pcs

IDEAL:

- for the grill and pan





## VEGAN **CEVAPI**

DRY MIX

Ingredients: Pea protein 44 %, dried sprouted mung bean crunchy flakes, thickener (E461), sweet paprika, sprouted mung bean flour, rice flour, roasted onions (onions 90 %, sunflower oil), aroma, sea salt, olive oil, dried garlic, psyllium, beetroot concentrate, caramelized sugar, ground black pepper. May contain traces of gluten, eqqs, milk, soy, nuts and sesame.

250 g / carton: 8 pcs

SUITABLE FOR:

- frying, grilling and baking

## SPROUTED BREAD

DRY MIX FOR MAKING BREAD

Ingredients: WHEAT flour, SPELT flour, flours from sprouted legumes 11 % (chickpeas, mung beans, lentils, black beans), RYE flour, thickener (hydroxypropylmethylcellulose E464), flour improvers (L-ascorbic acid E 300), enzyme (hydrolases, oxidoreductases). May contain traces of eggs, milk, soy, nuts and sesame.

500 g / carton: 6 pcs

Suitable for baking in a bread maker.







## **GRAIN LOAF**

DRY MIX FOR MAKING BREAD

**Ingredients: OAT** and **BARLEY** flakes, sunflower seeds, flaxseeds, **SOY** flakes, pumpkin seeds, puffed **WHEAT** grains, vegetable fiber, **SESAME** seeds. May contain traces of nuts, eggs and milk.

250 g / carton: 8 pcs

You can also add your favorite seeds or nuts.

WITHOUT FLOUR

## VEGAN "CZECH PREJT"

DRY MIX

**Ingredients:** Pea protein 44 %, rice crunchy flakes, dried sprouted mung bean flour, starch, dried sprouted chickpeas flour, dried garlic, sea salt, olive oil, marjoram, aroma, ground black pepper, psyllium. May contain traces of gluten, egg, milk, nuts and sesame.

150 g / carton: 8 pcs

TIP: it tastes great on fresh bread with pickles





## FIVE GRAIN SNACK



#### PASTRY ALTERNATIVE WITHOUT FLOUR

Ingredients: Sprouted sunflower seeds 26 %, gluten free OAT FLAKES\*\* 20 % (of which sprouted OAT FLAKES 9 %), sprouted lentil flakes 14 %, pumpkin seeds 10 %, sunflower oil, fermented vinegar, vegetable fibre, rice syrup, gluten free BARLEY malt extract\*\*, flaxseed 2 %, corn starch, sea salt, antioxidants (ascorbyl palmitate, tocopherol extract, rosemary extract and sunflower lecithin). May contain traces of milk and nuts. \*\*gluten content max. 20 mg/kg.

150 g / carton: 6 pcs

#### TIP:

- tasty as a side dish to salad or soup
- you can served as canapés





### **Planet ALLY**

#### PLANT-BASED FOR THE PLANET

We are well aware of the impact that agriculture and the food industry have had on the climate crisis. Up to 40 % of ozone -depleting emissions come from livestock farming alone.

#### FOR HEALTH

Plant based foods are a healthy alternative to animal derived products.



#### SUSTAINABLE LIFESTYLE

We have 25 years of caring for Czech ecosystems behind us. We believe that organic food production has a major impact on sustainability.







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