



semix

PRODUCT CATALOGUE

www.semix.cz/en



SEMIX was founded in 1995 to facilitate the work of local bakers and confectioners. Since that time we have developed a large range of premixes, improvers and fillings that help our customers to save money and time and diversify their assortment. Since 1997 alongside **products for bakeries, confectioneries and dairies** we have been producing **sweet** and **savory muesli, snacks, sprouted products, porridges** and **mixes for catering**; process grain, poppy seeds and flax seeds.

SEMIX has its own development department where food specialists for several target market sector work. All our recipes and manufacturing procedures are the work of our own employees. Their work requires above-average creativity, imagination, consistency and a general and special overview across the food industry. Continuous training, understanding of teamwork and business management support are common in our company.

SEMIX has been operating on European market for more than 25 years. We have branches in Hungary, Poland and Slovakia. We export to 28 countries of the world. We have 210 satisfied employees and turnover of more than 23 million EUR.

In general, **SEMIX** emphasises the preservation of the nutrients and minerals in grains while processing. We are a proactive manufacturer, we offer food with an idea, with a trend, and we can meet the requirements of customers for special products all around the world. You can buy our products in most of European supermarkets as well as in oversea.





Caring for nature

We have long been active in protecting nature and the environment. We own 64 hectares of land in five locations in Moravia. In the biotopes we restore the basic landscape functions and support the endangered and protected species of organisms – birds, amphibians, invertebrates and fish. We actively protect nature and try to keep it healthy, preserving it for present and future generations. We hope that our business philosophy will inspire other companies and individuals.



We do not use palm oil

In the spring of 2016, we stopped using palm oil in our cereal products because we are not only a caring customer but also an environmentally responsible company. We were the first Czech food producer to become a member and then the general partner of the Coalition against Palm Oil. We adopted a serious approach to the consequences of setting up new palm plantations at the expense of rain forests. Although we were taking palm oil from the original plantations under the RSPD programme, we decided to replace it with coconut and olive oil and, eventually, sunflower oil. The sunflower is a European crop that is grown in our country, so it is a more natural alternative and one that is commonly used in the food industry. However, if the customer requires the use of palm oil because of the requirements of the product's properties, we select palm oil from plantations where we know that they grow and obtain it in a considerate way.

AWARDS



2023

- **Special Award for Best Innovative New Food Product 2023** – was awarded by the President of the Food Chamber of the Czech Republic – Oatmeal drink natural, Muesli cloverleaves, Sprouted bread dry mix

2022

- **Klasa Award** – Czech products awarded by the Minister of Agriculture – Oat mug cakes different flavours, Mini muesli sticks salty, three-grain porridge, buckwheat porridge

2021

- **Special Award for Best Innovative New Food Product 2021** – was awarded by the President of the Food Chamber of the Czech Republic – Sprouted oat porridges, Oatmeals, Sprouted muesli

2020

- **Special Award for Best Innovative New Food Product 2020** – was awarded by the President of the Food Chamber of the Czech Republic – Muesli sticks and Sprouted crunchy red lentil flakes

2019

- **Award the Governor the Moravian-Silesian Region** – Oat mug cake with apples and cinnamon received an award in the Regional Food competition
- **Klasa Award - Czech products** awarded by the Minister of Agriculture - Oat mug cake with chocolate, Oat mug cake with apples and cinnamon, Oat mug cake with gingerbread, Chia porridge with strawberries and cream, Chia porridge with raspberries and yoghurt
- **SIAL INNOVATION AWARD** – awarded by the Sial Expert Committee in Québec, Canada – Oat mug cake with chocolate (gluten free), Protein Little Hearts Muesli with ginger and lemon

2018

- **Special Award for Best Innovative New Food Product 2018** – was awarded by the president of the Food Chamber of the Czech Republic – **Oat porridge with buckthorn GF** and **“Sladké s rozumem®”** (bakery dry mix for cakes)

2017

- **SIAL INNOVATION AWARD** – awarded by the Sial Expert Committee in China – **Chia porridge with raspberries & yoghurt**, **LITTLE HEARTS Muesli with apple & chia seeds**

- **Special Award for Best Innovative New Food Product 2017** – was awarded by the President of the Food Chamber of the Czech Republic – **Crunchy oat flakes with apple & cinnamon** and **Milled flaxseed with cashew nuts & pumpkin seeds**

2016

- **SIAL INNOVATION AWARD** – awarded by the Sial Expert Committee in Paris, France – **Sprouted buckwheat flakes**

2015

- **Product of the Year 2015** – awarded by members of the public in Israel – assortment of **LITTLE HEARTS Muesli**

2014

- **Special Award for Best Innovative New Food Product 2014** – was awarded by the President of the Food Chamber of the Czech Republic in the category of Food products suitable for celiacs – **Gluten free Bread** and **Chocolate cake dry mix** (gluten free)
- **SIAL INNOVATION AWARD** – awarded by the Sial Expert committee in Paris, France – **LITTLE HEARTS Muesli with cranberries**



GF certificate

Organic certificate

IFS certificate



OAT CLOVERLEAVES

Do you know what
luck tastes like?

Muesli snack with chocolate in the shape of cloverleaves. The full-bodied taste of chocolate combined with oat flakes will be a delightful surprise.

- made from sprouted oats
- with dark chocolate
- high fibre content

WHY SPROUTED OATS?

Sprouted oat flakes are easier to digest. Sprouted grain comes to life - contact with water triggers a series of biochemical reactions during which the grain partially change its nutritional profile. This makes sprouted grain more favourable for human digestion. At a very precise moment we are interrupting the sprouting process and starting heating process under strictly given technical parameters. This allows us to guarantee a long shelf life for sprouted grains without any added preservatives, sugar, or E numbers.

BENEFITS OF SPROUTED OATS AND OTHER CEREALS:

INCREASED NUTRITIONAL VALUE

Sprouted products have a higher nutritional value.

HIGHER CONCENTRATION OF VALUABLE NUTRIENTS

Thanks to sprouting, oats are richer in antioxidants.

EASIER TO DIGEST

Enzymatic activity helps to reduce starches into smaller and simpler molecules that are easier to digest.



MUESLI CLOVERLEAVES with chocolate

INGREDIENTS: Date paste 38 %, sprouted **oat*** flakes gluten free 29 %, chocolate 11 % (cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin), water, sunflower oil, fat reduced cocoa powder 0.9 %, chocolate powder 0.6 % (cocoa powder, cocoa mass, sugar), natural aroma, sea salt. May contain traces of milk, soy and nuts.
*Content of gluten <20mg/kg.

MOQ: 1.5 tons

PN 0800900

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1620 kJ/387 kcal
Fat	15 g
- of which saturates	3.4 g
Carbohydrate	51 g
- of which sugars	33 g
Fibre	9.2 g
Protein	6.5 g
Salt	0.19 g

WEIGHT 70 g

CARTON 18 pcs



MINI MUESLI STICKS with cocoa beans & orange

INGREDIENTS: Date pasta 34 %, sprouted **oat*** flakes gluten free 31 %, ground raisins 12 % (raisins 99.5 %, sunflower oil), sunflower oil, water, cocoa beans 5.6 %, orange powder 0.4 %, sea salt, orange extract 0.08 %. May contain traces of milk and nuts.

*Content of gluten <20mg/kg.



MINI MUESLI STICKS with apricot

INGREDIENTS: Apricot paste 38 %, sprouted **oat*** flakes gluten free 35 %, sunflower oil, date pasta 8 %, water, apple powder 2.5 %, passion fruit powder, natural aroma, sea salt, fruit powder Acerola 0.1 %. May contain traces of milk and nuts.

*Content of gluten <20mg/kg.

BENEFITS:

- No added sugar, contains only naturally occurring sugars
- Made from sprouted oats
- Source of fibre
- Suitable for vegetarians
- Palm oil free

MOQ: 1.5 tons

PN 0800400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1530 kJ/367 kcal
Fat	14 g
- of which saturates	2.6 g
Carbohydrate	50 g
- of which sugars	33 g
Fibre	8.5 g
Protein	6.3 g
Salt	0.22 g

WEIGHT 70 g

CARTON 18 pcs

MOQ: 1.5 tons

PN 0800500

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1630 kJ/390 kcal
Fat	14 g
- of which saturates	1.6 g
Carbohydrate	55 g
- of which sugars	24 g
Fibre	5.2 g
Protein	7.7 g
Salt	0.24 g

WEIGHT 70 g

CARTON 18 pcs



MINI MUESLI STICKS

with nuts, raisins & dates

INGREDIENTS: Date paste 31 %, sprouted **oat*** flakes gluten free 31 %, ground raisins 15 % (raisins 99.5 %, sunflower oil), roasted **hazelnuts** 7.8 %, sunflower oil, water, sea salt, natural aroma. May contain traces of peanuts, milk and other nuts.

*Content of gluten <20mg/kg.



MINI MUESLI STICKS

with banana

INGREDIENTS: Sprouted **oat*** flakes gluten free 32 %, banana paste 30 %, date paste 11 %, sunflower oil, water, banana powder 5 %, apple powder 1 %, sea salt, aroma. May contain traces of milk and nuts.

*Content of gluten <20mg/kg.



MINI MUESLI STICKS

with sour cherry & dates

INGREDIENTS: Date paste 39 %, sprouted **oat*** flakes gluten free 37 %, sunflower oil, sour cherry concentrate 5.6 %, water, sour cherry powder 1.7 %, natural aroma, sea salt. May contain traces of milk and nuts.

*Content of gluten <20mg/kg.

MOQ: 1.5 tons

PN 0800600

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1650 kJ/395 kcal
Fat	15 g
- of which saturates	1.5 g
Carbohydrate	54 g
- of which sugars	33 g
Fibre	6.3 g
Protein	7.1 g
Salt	0.20 g

WEIGHT 70 g

CARTON 18 pcs

MOQ: 1.5 tons

PN 0800700

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1430 kJ/341 kcal
Fat	13 g
- of which saturates	1.2 g
Carbohydrate	45 g
- of which sugars	30 g
Fibre	9.9 g
Protein	6.8 g
Salt	0.17 g

WEIGHT 70 g

CARTON 18 pcs

MOQ: 1.5 tons

PN 0800800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1590 kJ/381 kcal
Fat	14 g
- of which saturates	1.4 g
Carbohydrate	51 g
- of which sugars	29 g
Fibre	11 g
Protein	6.2 g
Salt	0.19 g

WEIGHT 70 g

CARTON 18 pcs



BENEFITS:

- Made from oats and sprouted dried red lentil
- Give you energy for a longer time
- Great as a snack or a late dinner
- High in fibre
- Other flavours coming soon

IDEAL



DRIVING



TO WORK



FOR SPORTS



ON A TRIP



WITH
BEER/WINE



MUESLI STICKS with tomatoes & basil

INGREDIENTS: Oat* flakes gluten free 54 %, sunflower oil, sprouted dried red lentil 9 %, rice syrup, maltodextrin, dried tomatoes 4 %, thickener (gum arabic), tomato powder 1 %, sugar, sea salt, dried spinach, spice dry mix, antioxidants (ascorbylpalmitate, tocopherol extract, rosemary extract and sunflower lecithin), basil 0.02 %, aroma.

*Content of gluten <20 mg/kg.

MOQ: 1.5 tons

PN 0800100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1871 kJ/447 kcal
Fat	19 g
- of which saturates	1.8 g
Carbohydrate	54 g
- of which sugars	5.0 g
Fibre	9.6 g
Protein	11 g
Salt	1.04 g

WEIGHT 55 g

CARTON 16 pcs



MUESLI STICKS with cheese

INGREDIENTS: Oat* flakes gluten free 53 %, sunflower oil, natural semi-hard cheese 10 % (milk, salt, dairy culture, colorant (annatto bixin, annatto norbixin, carotenes)), rice syrup, sprouted dried red lentils 5 %, maltodextrin, dried cheese 4 %, thickener (gum arabic), paste from fermented beans (water, beans 28 %), sea salt, aroma, antioxidants (ascorbyl palmitate, tocopherol extract, rosemary extract and sunflower lecithin).

*Content of gluten <20 mg/kg.

MOQ: 1.5 tons

PN 0800200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1964 kJ/470 kcal
Fat	22 g
- of which saturates	4.8 g
Carbohydrate	50 g
- of which sugars	2.9 g
Fibre	8.0 g
Protein	13 g
Salt	1.46 g

WEIGHT 55 g

CARTON 16 pcs



LEGUME STICKS with lentils and mung beans

INGREDIENTS: Dried Sprouted Legume Flakes (Mung Beans, Whole Grain Lentils), Millet, Maltodextrin, Olive Oil, Coconut Fat, Sprouted Red Lentil Flour, Rice Flour, Sea Salt, Tomato powder, onion, garlic, paprika, Spice mixture, spice extracts, sea salt, sea salt, xanthane, dried glucose syrup, yeast extract, aroma).

MOQ: 1.5 tons

PN 0840300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1757 kJ/420 kcal
Fat	16 g
- of which saturates	7.3 g
Carbohydrate	48 g
- of which sugars	3.6 g
Fibre	15 g
Protein	14 g
Salt	1.3 g

WEIGHT 55 g

CARTON 16 pcs

LITTLE HEARTS MUESLI

- Crunchy wholegrain pieces of muesli in shape of little heart.
- Healthier alternative to biscuits or snacks.
- Source of fibre and betaglucans (Immunity booster).
- Great snack for all age groups.



PACKAGING

We can deliver our products in different types of packaging according to the customer's requirements.

- Retail packaging – stand-up pouch, pack, cup
- Standard packaging - bag (material: PE + blue HDPE liner)
- Bulk packaging according to your requirements.
- Product packaging has an impact on product durability.



LITTLE HEARTS MUESLI with chocolate & coconut

INGREDIENTS: Oat flakes 55 %, sugar, olive oil, coconut oil, rice crispies, chocolate 4.3 % (cocoa mass*, sugar, cocoa butter*, emulsifier: lecithins), grated coconut 4.3 %, agave syrup, fat reduced cocoa powder* 0.8 %, sea salt, natural aroma. May contain traces of other allergens. *Rainforest Alliance Certified

MOQ: 1.5 tons

PN 0676800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1930 kJ/461 kcal
Fat	22 g
- of which saturates	10 g
Carbohydrate	53 g
- of which sugars	18 g
Fibre	11 g
Protein	8.2 g
Salt	0.33 g
Beta-glucans	2.8 g

WEIGHT **50 g**

CARTON **15 pcs**

WEIGHT **100 g**

CARTON **7 | 12 | 32 pcs**

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



LITTLE HEARTS MUESLI with chocolate

INGREDIENTS: Oat flakes 52 %, chocolate 8 % (cocoa mass*, sugar, cocoa butter*, emulsifier: lecithins), olive oil, coconut oil, rice crispies, grated coconut 4 %, agave syrup, fat reduced cocoa powder* 1 %, sea salt, natural aroma. *Rainforest Alliance Certified

MOQ: 1.5 tons

PN 0676900

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	2000 kJ/477 kcal
Fat	22 g
- of which saturates	11 g
Carbohydrate	59 g
- of which sugars	14 g
Fibre	6.3 g
Protein	8.7 g
Salt	0.14 g
Beta-glucans	2.2 g

WEIGHT **50 g**

CARTON **15 pcs**

WEIGHT **100 g**

CARTON **7 | 12 | 32 pcs**

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



LITTLE HEARTS MUESLI with pecan nuts & maple syrup

INGREDIENTS: Oat flakes 64 %, sugar, olive oil, coconut oil, crispies (rice, inulin), chopped **pecan nuts** 2 %, rice syrup, maple syrup 0,7 %, sea salt, aroma.

MOQ: 1.5 tons PN 0677200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1836 kJ/439 kcal
Fat	18 g
- of which saturates	7.5 g
Carbohydrate	56 g
- of which sugars	13 g
Fibre	6.6 g
Protein	9.2 g
Salt	0.26 g
Beta-glucans	3.4 g

WEIGHT **50 g** CARTON **15 pcs**
 WEIGHT **100 g** CARTON **7 | 12 | 32 pcs**

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



LITTLE HEARTS MUESLI with coconut

INGREDIENTS: Oat flakes 53 %, grated coconut 25 %, sugar, rice syrup, coconut oil, olive oil, sea salt, natural aroma.

MOQ: 1.5 tons PN 0677300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	2090 kJ/498 kcal
Fat	27 g
- of which saturates	19 g
Carbohydrate	50 g
- of which sugars	15 g
Fibre	9.8 g
Protein	8.9 g
Salt	0.44 g

WEIGHT **50 g** CARTON **15 pcs**
 WEIGHT **100 g** CARTON **7 | 12 | 32 pcs**

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



LITTLE HEARTS MUESLI with cranberries & sour cherries

INGREDIENTS: Oat flakes 65 %, sugar, olive oil, coconut oil, cranberries 4.6 % (cranberries 55 %, sugar, sunflower oil), sour cherry concentrate 1.5 %, sour cherries 1.3 % (sour cherries 84 %, sugar, dextrose, sunflower oil), rice syrup, beetroot powder concentrate 0.8 %, sea salt, natural aroma.

MOQ: 1.5 tons PN 0677500

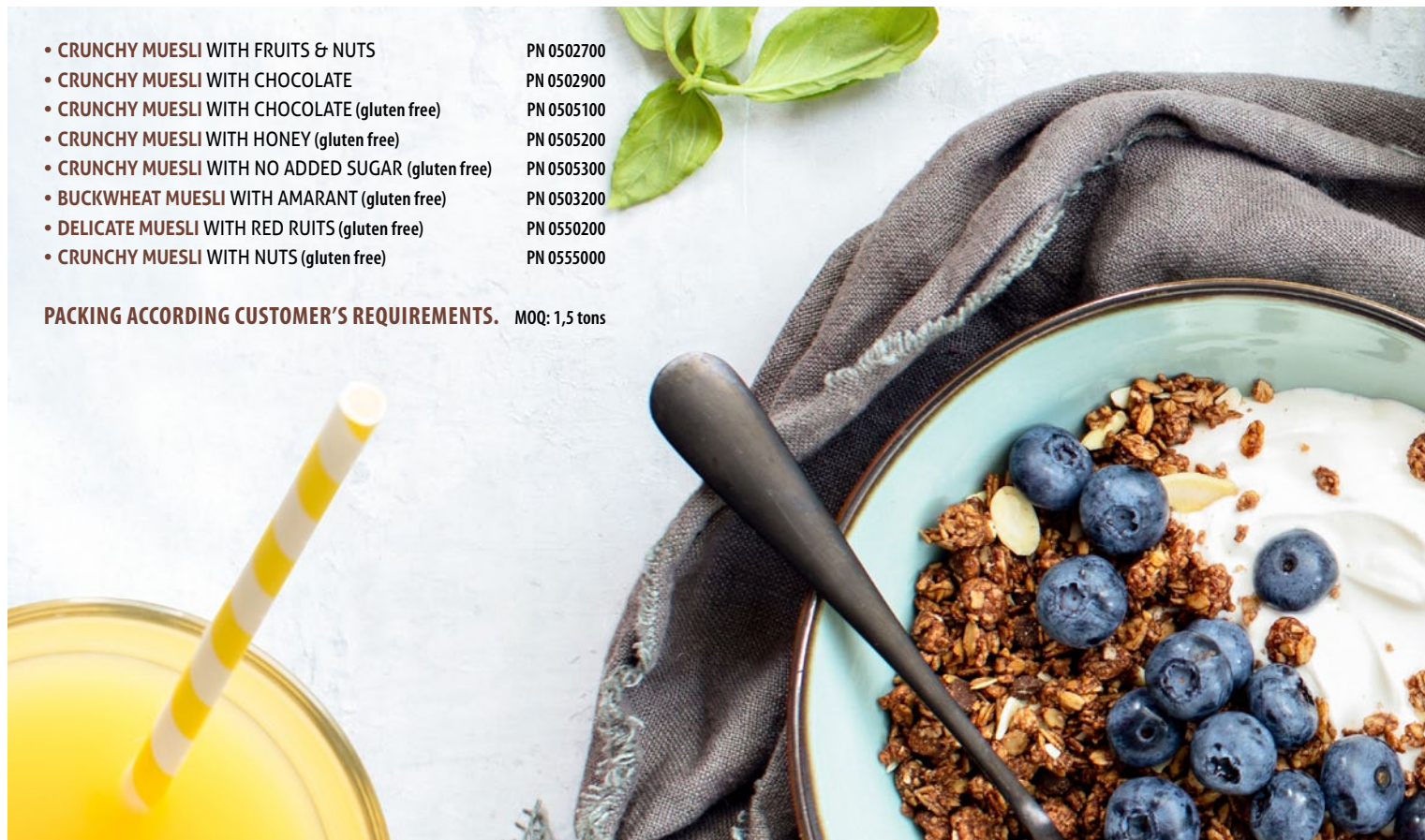
NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1880 kJ/450 kcal
Fat	16,4 g
- of which saturates	6,7 g
Carbohydrate	62,3 g
- of which sugars	17,1 g
Fibre	7,6 g
Protein	9,1 g
Salt	0,41 g
Beta-glucans	2,6 g

WEIGHT **50 g** CARTON **15 pcs**
 WEIGHT **100 g** CARTON **7 | 12 | 32 pcs**

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.

- CRUNCHY MUESLI WITH FRUITS & NUTS PN 0502700
- CRUNCHY MUESLI WITH CHOCOLATE PN 0502900
- CRUNCHY MUESLI WITH CHOCOLATE (gluten free) PN 0505100
- CRUNCHY MUESLI WITH HONEY (gluten free) PN 0505200
- CRUNCHY MUESLI WITH NO ADDED SUGAR (gluten free) PN 0505300
- BUCKWHEAT MUESLI WITH AMARANT (gluten free) PN 0503200
- DELICATE MUESLI WITH RED FRUITS (gluten free) PN 0550200
- CRUNCHY MUESLI WITH NUTS (gluten free) PN 0555000

PACKING ACCORDING CUSTOMER'S REQUIREMENTS. MOQ: 1,5 tons







WE CAN MAKE PRIVATE LABEL UNSWEETENED MUESLI USING SPROUTED GRAINS, LENTILS, AND OTHER INGREDIENTS

- Ideal for salads, sprinkles for soup and spreads
- High fibre content
- Source of protein

Delicious and beneficial

UNSWEETENED MUESLI UNDER PRIVATE LABEL





ORGANIC CRUNCHY OAT FLAKES

INGREDIENTS: Crunchy **oat** flakes*

*from organic agriculture



ORGANIC CRUNCHY SPELT FLAKES

INGREDIENTS: Crunchy **spelt** flakes*

*from organic agriculture



ORGANIC CRUNCHY BUCKWHEAT FLAKES

INGREDIENTS: Crunchy buckwheat flakes*

*from organic agriculture

MOQ: 1.5 tons

PN 0570200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1640 kJ/393 kcal
Fat	6.4 g
- of which saturates	1.1 g
Carbohydrate	63 g
- of which sugars	1.5 g
Fibre	8.1 g
Protein	16 g
Salt	<0.01 g
Beta-glucans	4.1 g

WEIGHT 200 g

CARTON 6 pcs

MOQ: 1.5 tons

PN 0420300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1458 kJ/348 kcal
Fat	3.0 g
- of which saturates	0.5 g
Carbohydrate	67 g
- of which sugars	2.8 g
Fibre	14 g
Protein	12 g
Salt	<0.01 g

WEIGHT 200 g

CARTON 6 pcs

MOQ: 1.5 tons

PN 0531400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1590 kJ/379 kcal
Fat	3.2 g
- of which saturates	0.8 g
Carbohydrate	72 g
- of which sugars	1.4 g
Fibre	4.6 g
Protein	12 g
Salt	<0.01 g

WEIGHT 200 g

CARTON 6 pcs



CRUNCHY WHEAT FLAKES

INGREDIENTS: Crunchy **wheat** flakes



CRUNCHY OAT FLAKES

INGREDIENTS: Crunchy **oat** flakes



CRUNCHY BARLEY FLAKES

INGREDIENTS: Crunchy **barley** flakes

MOQ: 1.5 tons

PN 0530100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1500 kJ/358 kcal
Fat	2.2 g
- of which saturates	0.6 g
Carbohydrate	66 g
- of which sugars	0.7 g
Fibre	12 g
Protein	12 g
Salt	<0.01 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.

MOQ: 1.5 tons

PN 0570100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1672 kJ/397 kcal
Fat	6.9 g
- of which saturates	1.1 g
Carbohydrate	63 g
- of which sugars	1.4 g
Fibre	8.2 g
Protein	17 g
Salt	<0.01 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.

MOQ: 1.5 tons

PN 0532000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1500 kJ/359 kcal
Fat	2.5 g
- of which saturates	0.6 g
Carbohydrate	68 g
- of which sugars	1.5 g
Fibre	13 g
Protein	9.1 g
Salt	<0.01 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



CRUNCHY MILLET FLAKES

INGREDIENTS: Crunchy millet flakes



CRUNCHY BUCKWHEAT FLAKES

INGREDIENTS: Crunchy buckwheat flakes

Healthy life without sugar

- SEMIX produces many cereals without added sugar
- These products are suitable for people suffering from diabetes
- They are also suitable for followers of a healthy lifestyle
- No other sugar has been used in the recipe for sweetening
- The small amount of sugar they still contain has its origin in the natural ingredients used

MOQ: 1.5 tons

PN 0531000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1590 kJ/381 kcal
Fat	2.8 g
- of which saturates	0.5 g
Carbohydrate	73 g
- of which sugars	0.6 g
Fibre	5.3 g
Protein	12 g
Salt	<0.01 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.

MOQ: 1.5 tons

PN 0531300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1560 kJ/372 kcal
Fat	2.5 g
- of which saturates	0.5 g
Carbohydrate	70 g
- of which sugars	1.2 g
Fibre	6.6 g
Protein	13 g
Salt	<0.01 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



CRUNCHY SPELT FLAKES
with chocolate

INGREDIENTS: Spelt flakes 82 %, chocolate 8 % (sugar, cocoa mass, cocoa butter, emulsifier: sunflower lecithin), sugar, vegetable fibre, maltodextrin, fat reduced cocoa powder, aroma, sea salt.

MOQ: 1.5 tons PN 0561100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1620 kJ/387 kcal
Fat	4.5 g
- of which saturates	2.2 g
Carbohydrate	70 g
- of which sugars	10 g
Fibre	9.3 g
Protein	11 g
Salt	0.11 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



CRUNCHY OAT FLAKES
with honey & seeds

INGREDIENTS: Oat flakes 66 %, chia seeds 10 % (*Salvia hispanica*), sugar, roasted pumpkin seeds 4.8 %, flax seed 3.8 %, honey 3.8 %, vegetable fibre, puffed amaranth, maltodextrin, maple syrup, aroma, sea salt, star anise.

MOQ: 1.5 tons PN 0561200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1740 kJ/417 kcal
Fat	11 g
- of which saturates	1.7 g
Carbohydrate	58 g
- of which sugars	10 g
Fibre	9.6 g
Protein	17 g
Salt	0.08 g
Beta-glucans	2.9 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



CRUNCHY OAT FLAKES
with apple & cinnamon

INGREDIENTS: Oat flakes 80 %, dried apples 8 %, sugar, vegetable fibre, cane sugar, maltodextrin, cinnamon 0.3 %, aroma, sea salt, acidity regulator (malic acid).

MOQ: 1.5 tons PN 0561000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1620 kJ/388 kcal
Fat	5.4 g
- of which saturates	0.9 g
Carbohydrate	65 g
- of which sugars	14 g
Fibre	9.8 g
Protein	14 g
Salt	0.09 g
Beta-glucans	3.1 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



What are the benefits of sprouted oat and quinoa porridges?

- Sprouted oats are easily digestible
- Source of protein thanks to added quinoa
- High in fibre
- Contains beneficial Beta-glucans



SPROUTED OAT PORRIDGE with quinoa, cocoa beans & dates

INGREDIENTS: Sprouted oat* flakes gluten free 64 %, date powder 12 %, crunchy flakes from red quinoa 10 %, skimmed milk powder, cocoa beans 3 %, fat reduced cocoa powder 2 %, natural aroma, sea salt. Product contains milk. May contain traces of eggs, soy, nuts and sesame. *Content of gluten < 20 mg/kg.

MOQ: 700 kg

PN 0558500

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1590 kJ/381 kcal
Fat	6.8 g
- of which saturates	2.2 g
Carbohydrate	59 g
- of which sugars	14 g
Fibre	13 g
Protein	14 g
Salt	0.43 g
Beta-glucans	2.2 g

WEIGHT 65 g

CARTON 22 pcs



SPROUTED OAT PORRIDGE with quinoa, apple & cinnamon

INGREDIENTS: Sprouted **oat*** flakes gluten free 68 %, crunchy flakes from red quinoa 10 %, sugar, dried apples 6 %, dried apple powder 5 %, skimmed milk powder, sea salt, ground cinnamon 0.1 %, natural aroma. Product contains **milk**. May contain traces of eggs, soy, nuts and sesame. *Content of gluten < 20 mg/kg.

MOQ: 700 kg

PN 0556900

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1541 kJ/365 kcal
Fat	5.4 g
- of which saturates	0.9 g
Carbohydrate	59 g
- of which sugars	16 g
Fibre	11 g
Protein	15 g
Salt	0.24 g
Beta-glucans	2.7 g

WEIGHT 65 g

CARTON 22 pcs



SPROUTED OAT PORRIDGE with quinoa & nuts

INGREDIENTS: Sprouted **oat*** flakes gluten free 67 %, crunchy flakes from red quinoa 10 %, sugar, dried **whely**, skimmed **milk** powder, **hazelnuts** 3.9 %, sea salt, natural aroma. Product contains **milk** and **nuts (hazelnuts)**. May contain traces of eggs, peanuts, soy, other nuts and sesame. *Content of gluten < 20 mg/kg.

MOQ: 700 kg

PN 0557000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1629 kJ/386 kcal
Fat	7.9 g
- of which saturates	1.0 g
Carbohydrate	58 g
- of which sugars	14 g
Fibre	6.7 g
Protein	18 g
Salt	0.23 g
Beta-glucans	2.8 g

WEIGHT 65 g

CARTON 22 pcs



BUCKWHEAT PORRIDGE with pecan nuts

INGREDIENTS: Sprouted buckwheat flakes 51 %, millet flakes, sugar, rice flour, **pecan nuts** 5 %, dried half-fat **milk**, cane sugar, olive oil, aroma, sea salt.



OAT PORRIDGE with goji

INGREDIENTS: **Oat*** flakes (gluten free) 60 %, sugar, chia seeds (*Salvia hispanica*) 9 %, dried skimmed **milk**, goji 4 %, fruity powder passionfruit (maltodextrin, passionfruit concentrate, natural aroma, acidity regulator: citric acid), flaxseed 2.4 %, olive oil, sea salt. *Content of gluten <20 mg/kg.



OAT PORRIDGE with coconut

INGREDIENTS: **Oat*** flakes (gluten free) 66 %, sugar, chia seeds (*Salvia hispanica*) 9.7 %, grated coconut 5 %, dried skimmed **milk**, flaxseed 2.4 %, natural aroma, olive oil, sea salt. *Content of gluten <20 mg/kg.

MOQ: 700 kg PN 0552800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1700 kJ/406 kcal
Fat	7.9 g
- of which saturates	1.2 g
Carbohydrate	69 g
- of which sugars	11 g
Fibre	5.0 g
Protein	12 g
Salt	0.50 g

WEIGHT 65 g

CARTON 22 pcs

MOQ: 700 kg PN 0355200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1540 kJ/368 kcal
Fat	5.8 g
- of which saturates	0.8 g
Carbohydrate	60 g
- of which sugars	19 g
Fibre	9.8 g
Protein	13 g
Salt	0.66 g
Beta-glucans	2.7 g
Alpha-linolenic acid	2.0 g

WEIGHT 65 g

CARTON 22 pcs

MOQ: 700 kg PN 0355400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1684 kJ/401 kcal
Fat	12 g
- of which saturates	4.9 g
Carbohydrate	53 g
- of which sugars	15 g
Fibre	11 g
Protein	13 g
Salt	0.36 g
Beta-glucans	1.8 g
Alpha-linolenic acid	2.8 g

WEIGHT 65 g

CARTON 22 pcs



IMPORTANT FUNCTION OF CALCIUM

The adult calcium reference value is 800 mg / day. Calcium in take in all age groups is essential for the following functions:



- Calcium contributes to normal blood clotting, normal energy metabolism, normal muscle activity, normal nerve transmission, normal digestive enzyme function
- Calcium participates in the process of cell division and specialization
- Calcium is needed to maintain normal bones and teeth

Our porridges are at least a source of calcium, one serving of fruit porridge contains 246.5 mg of calcium, porridge with chocolate and banana 131.5 mg. Porridge can be included in the diet of children from three years of age.



OAT PORRIDGE

with fruits & calcium

INGREDIENTS: Oat* flakes (gluten free) 68 %, cane sugar, dried yoghurt, dried semi-skimmed milk, freeze-dried fruits 1.7 % (raspberries, blueberries, strawberries), black currant powder 0.9 % (black currant 50 %, maltodextrin), minerals (calcium carbonate 0.7 %), sea salt, beet-root juice concentrate, natural aroma. *Content of gluten < 20 mg/kg.

MQQ: 700 kg

PN 0553700

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1565 kJ/371 kcal
Fat	5.1 g
- of which saturates	0.9 g
Carbohydrate	64 g
- of which sugars	21 g
Fibre	6.4 g
Protein	14 g
Salt	0.46 g
Calcium	493.0 mg
Beta-glucans	3.3 g

WEIGHT 50 g

CARTON 22 pcs



OAT PORRIDGE

with chocolate, banana & calcium

INGREDIENTS: Oat* flakes (gluten free) 73 %, cane sugar, chocolate 7 % (sugar, cocoa mass, cocoa butter, emulsifier: soy lecithin), dried semi-skimmed milk, dried whey, fat reduced cocoa powder, dried banana 1 %, minerals (calcium carbonate 0.6 %), sea salt, natural aroma. *Content of gluten < 20 mg/kg

MQQ: 700 kg

PN 0554700

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1679 kJ/397 kcal
Fat	7.7 g
- of which saturates	2.5 g
Carbohydrate	61 g
- of which sugars	23 g
Fibre	7.2 g
Protein	14 g
Salt	0.30 g
Calcium	263.0 mg
Beta-glucans	2.0 g

WEIGHT 50 g

CARTON 22 pcs



- Breakfast is the basis of the day, so give your body the needful energy with nutritious rice porridge.
- Rice porridges are made from naturally gluten free ingredients, therefore suitable for celiacs or those who want to relieve their body of gluten.
- Dried fruits add a great and fresh taste to rice porridges.



RICE PORRIDGE with apricots

INGREDIENTS: Rice flakes 31 %, rice flour 18 %, sugar, dried glucose syrup, dried apricots (dried apricots, antioxidant: **sulfur dioxide**, rice flour) 10 %, corn starch, rice powder (dried rice syrup, rice starch, rice flour) 4 %, olive oil, aroma, sea salt, acidity regulator (citric acid), colorant (beta carotene).

MOQ: 700 kg

PN 0553000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1612 kJ/380 kcal
Fat	2.5 g
- of which saturates	0.4 g
Carbohydrate	84 g
- of which sugars	28 g
Fibre	2.0 g
Protein	4.4 g
Salt	0.36 g

WEIGHT 65 g

CARTON 22 pcs



RICE PORRIDGE with raspberries

INGREDIENTS: Rice flour 30 %, rice flakes 21 %, sugar, corn starch, dried glucose syrup, freeze-dried raspberries 1.9 %, iodised salt (edible salt, potassium iodate), aroma, black currant powder (black currant 50 %, maltodextrin 50 %), red pepper extract, acidity regulator (citric acid).

MOQ: 700 kg

PN 0550900

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1680 kJ/401 kcal
Fat	6.4 g
- of which saturates	3.2 g
Carbohydrate	78 g
- of which sugars	21 g
Fibre	3.2 g
Protein	5.3 g
Salt	0.44 g

WEIGHT 65 g

CARTON 22 pcs



CHIA PORRIDGES – NOT JUST GREAT TASTE

- SEMIX chia porridges contains up to 10% of chia seeds
- They are a source of alpha-linoleic acid (from omega-3 fatty acids) which helps to maintain normal blood cholesterol levels. This positive effect may be achieved by consuming 2 g of this acid per day.
- Chia seeds can bind a large amount of water to each other
- Chia porridge brings satiety - thanks to their hydrophilic properties, the volume of chia seeds increases several times
- They slow down the process of digestive enzymes
- They represent a steady intake of healthy energy
- The antioxidants contained in chia seeds provide anti-inflammatory effects



CHIA PORRIDGE with apple & cinnamon

INGREDIENTS: Buckwheat flakes 39 %, sugar, chia seeds (*Salvia hispanica*) 9 %, rice flour, dried apples 6.3 %, millet flakes, corn flakes (corn, sugar, salt), dried skimmed **milk**, olive oil, rice flakes, dried **whey**, dried apple powder 2 % (apples, antioxidant: **sulfur dioxide**), cane sugar, ground cinnamon 0.3 %, sea salt, aroma.

MQQ: 700 kg

PN 0552700

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1650 kJ/394 kcal
Fat	7.0 g
- of which saturates	1.1 g
Carbohydrate	68 g
- of which sugars	22 g
Fibre	7.2 g
Protein	10 g
Salt	0.46 g
Alpha-linolenic acid	1.75 g

WEIGHT 65 g

CARTON 22 pcs



CHIA PORRIDGE with blueberries & whey

INGREDIENTS: Oat flakes 61 %, dried **whey** 12 %, chia seeds (*Salvia hispanica*) 10 %, sugar, dried skimmed **milk**, cane sugar, freeze-dried blueberries 1 %, black currant powder (black currant 50 %, maltodextrin), sea salt, aroma.

MOQ: 700 kg

PN 0352200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1593 kJ/379 kcal
Fat	7.9 g
- of which saturates	1.2 g
Carbohydrate	59 g
- of which sugars	23 g
Fibre	11 g
Protein	13 g
Salt	0.48 g
Alpha-linolenic acid	1.4 g

WEIGHT 65 g

CARTON 22 pcs



CHIA PORRIDGE with cranberries & cashew nuts

INGREDIENTS: Oat flakes 32 %, **barley** flakes 22 %, chia seeds (*Salvia hispanica*) 10 %, **cashew nuts** 7 %, cranberries 7 % (cranberries 54 %, sugar, sunflower oil), sugar, dried skimmed **milk**, dried **whey**, cane sugar, sea salt, aroma.

MOQ: 700 kg

PN 0352100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1640 kJ/391 kcal
Fat	9.0 g
- of which saturates	1.1 g
Carbohydrate	64 g
- of which sugars	23 g
Fibre	7.4 g
Protein	8.9 g
Salt	0.36 g
Alpha-linolenic acid	2.4 g

WEIGHT 65 g

CARTON 22 pcs



CHIA PORRIDGE with strawberries & cream

INGREDIENTS: Oat flakes 63 %, sugar, chia seeds (*Salvia hispanica*) 10 %, dried **cream** 5 %, dried skimmed **milk**, cane sugar, flaxseed, freeze-dried strawberries 1.5 %, sea salt, aroma.

MOQ: 700 kg

PN 0354000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1610 kJ/385 kcal
Fat	8.1 g
- of which saturates	2.0 g
Carbohydrate	59 g
- of which sugars	14 g
Fibre	10 g
Protein	13 g
Salt	0.52 g
Beta-glucans	2.8 g
Alpha-linolenic acid	1.5 g

WEIGHT 65 g

CARTON 22 pcs



[less sugar]

OAT PORRIDGE with vanilla

INGREDIENTS: Oat flakes 79 %, dried skimmed milk, sweetener (xylitol, sucralose), potato starch, sea salt, aroma, extracted ground vanilla seeds 0.1 %.



-80% less sugar

OAT PORRIDGE natural

INGREDIENTS: Oat flakes 71 %, dietary fibre, olive oil, natural aroma, sea salt.



GLUTEN FREE

-80% less sugar

MULTIGRAIN PORRIDGE natural

INGREDIENTS: Dry mix of flakes 56 % (millet flakes 24 %, rice flakes 15 %, corn flakes 9 % [corn, sugar, salt], buckwheat 8 %), dietary fibre, rice flour, flaxseed 4 %, olive oil, natural aroma, sea salt.

MOQ: 700 kg PN 0358800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1580 kJ/377 kcal
Fat	5.7 g
- of which saturates	1.1 g
Carbohydrate	65 g
- of which sugars	4.7 g
Fibre	6.7 g
Protein	12 g
Salt	0.51 g
Beta-glucans	2.9 g

WEIGHT 65 g

CARTON 22 pcs

MOQ: 700 kg PN 0353100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1406 kJ/336 kcal
Fat	6.7 g
- of which saturates	1.1 g
Carbohydrate	46 g
- of which sugars	2.4 g
Fibre	30 g
Protein	8.7 g
Salt	0.30 g

WEIGHT 65 g

CARTON 22 pcs

MOQ: 700 kg PN 0552300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1436 kJ/342 kcal
Fat	4.9 g
- of which saturates	0.7 g
Carbohydrate	55 g
- of which sugars	1.6 g
Fibre	25 g
Protein	7.0 g
Salt	0.33 g

WEIGHT 65 g

CARTON 22 pcs



PROTEIN PORRIDGES

- Great source of protein and fibre
- Content of high quality whey protein
- No palm oil
- Quick and easy to prepare
- Proteins contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones



PROTEIN PORRIDGE with chocolate

INGREDIENTS: Oat flakes 52 %, skimmed milk powder, whey protein concentrate 14 %, chocolate 2 % (sugar, cocoa mass, cocoa butter, emulsifier: lecithins), olive oil, sugar, soluble corn fibre, fat reduced cocoa powder 1 %, aroma.

MOQ: 700 kg

PN 0358500

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1599 kJ/382 kcal
Fat	7.5 g
- of which saturates	2.1 g
Carbohydrate	48 g
- of which sugars	17 g
Fibre	2.6 g
Protein	27 g
Salt	0.34 g

WEIGHT 65 g

CARTON 22 pcs



PROTEIN PORRIDGE with blueberries

INGREDIENTS: Oat flakes 54 %, skimmed milk powder, whey protein concentrate 15 %, sweetener (xylitol), freeze dried blueberries 1 %, olive oil, natural aroma.

MOQ: 700 kg

PN 0354200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1610 kJ/385 kcal
Fat	6.8 g
- of which saturates	1.1 g
Carbohydrate	51 g
- of which sugars	13 g
Fibre	5.8 g
Protein	27 g
Salt	0.31 g

WEIGHT 65 g

CARTON 22 pcs



PROTEIN PORRIDGE
with vanilla

INGREDIENTS: Oat flakes 55 %, dried skimmed milk, whey protein concentrate 15 %, sweetener (xylitol), olive oil, aroma, extracted ground vanilla seeds 0.06 %.



PROTEIN PORRIDGE
with strawberries

INGREDIENTS: Oat flakes 54 %, dried skimmed milk, whey protein concentrate 15 %, sweetener (xylitol), freeze dried strawberries 2 %, olive oil, natural aroma.



PROTEIN PORRIDGE
with banana

INGREDIENTS: Oat flakes 54 %, dried skimmed milk, whey protein concentrate 15 %, sweetener (xylitol), freeze dried banana 2 %, olive oil, aroma.

MOQ: 700 kg PN 0354400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1637 kJ/386 kcal
Fat	6.4 g
- of which saturates	1.1 g
Carbohydrate	52 g
- of which sugars	15 g
Fibre	4.4 g
Protein	26 g
Salt	0.34 g

WEIGHT 65 g

CARTON 22 pcs

MOQ: 700 kg PN 0352300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1591 kJ/377 kcal
Fat	6.5 g
- of which saturates	1.1 g
Carbohydrate	50 g
- of which sugars	13 g
Fibre	6.2 g
Protein	27 g
Salt	0.29 g

WEIGHT 65 g

CARTON 22 pcs

MOQ: 700 kg PN 0352400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1640 kJ/388 kcal
Fat	6.6 g
- of which saturates	1.1 g
Carbohydrate	53 g
- of which sugars	18 g
Fibre	3.5 g
Protein	26 g
Salt	0.25 g

WEIGHT 65 g

CARTON 22 pcs

PROTEIN COCKTAILS

- A refreshing drink with a high protein content that will help your muscles regenerate.
- It is therefore ideal to consume it during or after sport. However, it is also suitable for consumption outside of sports, as a protein supplement.
- One serving of 30 g (3-4 heaped tablespoons) contains 17 g of protein
- Low in saturated fatty acids



PROTEIN COCKTAIL

with strawberries	PN 0770200
with banana	PN 0770100
with coffee	PN 0770500
with coconut & chocolate	PN 0770400

MOQ: 700 kg

WEIGHT 30 g

CARTON 36 pcs

PROTEIN SOUPS

- Great source of protein and fibre
- Content of high quality whey protein
- No palm oil
- Quick and easy to prepare
- Proteins contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones





PROTEIN SOUP with green peas

INGREDIENTS: Pea protein 62 %, maltodextrin, garlic powder, sunflower oil (non-hydrogenated sunflower oil, glucose syrup, **milk** protein, anti-caking agent: silicon dioxide), sea salt, olive oil, onions powder, dry mix of spices.

MOQ: 700 kg PN 0770900

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1679 kJ/399 kcal
Fat	11 g
- of which saturates	1.4 g
Carbohydrate	24 g
- of which sugars	1.0 g
Fibre	1.3 g
Protein	49 g
Salt	5.26 g

WEIGHT 55 g CARTON 22 pcs



PROTEIN SOUP with tomatoes

INGREDIENTS: Whey protein concentrate (contains emulsifier: soy lecithin) 43 %, maltodextrin, dried vegetables (tomato powder 12 % (tomato powder, anti-caking agent: silicon dioxide), dried tomatoes 2.5 %, dried spinach), thickener: modified starch, sunflower oil (non-hydrogenated sunflower oil, glucose syrup, **milk** protein, anti-caking agent: silicon dioxide), sea salt, olive oil, cane sugar, dry mix of spices, beetroot concentrate (maltodextrin, beetroot concentrate, acidity regulator: citric acid), acidity regulator: citric acid, paprika extract, aroma.

MOQ: 700 kg PN 0770700

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1600 kJ/379 kcal
Fat	6.8 g
- of which saturates	0.8 g
Carbohydrate	44 g
- of which sugars	12 g
Fibre	3.8 g
Protein	33 g
Salt	2.95 g

WEIGHT 55 g CARTON 22 pcs



PROTEIN SOUP with spinach

INGREDIENTS: Pea protein 59 %, dried spinach 10 %, sunflower oil (non-hydrogenated sunflower oil, glucose syrup, **milk** protein, anti-caking agent: silicon dioxide), maltodextrin, garlic powder, onions powder, sea salt, olive oil, dry mix of spices, acidity regulator, (citric acid).

MOQ: 700 kg PN 0770800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1711 kJ/407 kcal
Fat	14 g
- of which saturates	1.6 g
Carbohydrate	20 g
- of which sugars	1.1 g
Fibre	2.3 g
Protein	51 g
Salt	4.57 g

WEIGHT 55 g CARTON 22 pcs



OAT MUG CAKE

Gluten free oat mug cake is an easy, quick and delicious oat cake ready in 3 minutes. We produce the oat mug cake in 3 flavors: apples & cinnamon, chocolate and gingerbread.

BENEFITS:

35 - 50 % oatmeals, no flour • Gluten free (gluten free oats) • Without palm oil • Easy to make, quick to bake using a microwave oven (3 minutes) • High in fibre • Contains oat beta-glucans • Consumed either warm or cold • Delicious as a snack, for breakfast, and as a healthy cake - or - "dessert" • Can be prepared as a snack in advance for a trip, school or work • You can serve it with fresh fruit, yoghurt, cream, ice cream, honey or syrup • Can be sprinkled with nuts, seeds, grated chocolate ...



Instruction for use: Simply empty the sachet into a bigger mug (250 ml), add 90-100 ml of cold water or milk (that's 9 tablespoons) and stir well. Leave it for 3-5 minutes, then microwave on 700 W for 3-4 minutes (depending on the type of microwave). You can serve straight from the mug or flip it out onto a plate. Serve with your favourite syrup or honey, fresh fruit, sour cream, nuts, etc.



OAT MUG CAKE with apple, cinnamon and dried sprouted quinoa flakes

INGREDIENTS: Oat* flakes (gluten free) 35 %, dried sprouted red quinoa crunchy flakes 20 %, sugar, milled flaxseed, dried eggs, dried apples 5 %, olive oil, raising agents (monopotassium tartare, sodium bicarbonate), corn starch, dietary fibre, sea salt, milled cinnamon 0.4 %, thickener (hydroxypropyl methylcellulose), aroma. *Content of gluten < 20 mg/kg.

MOQ: 700 kg

PN 0555500

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1723 kJ/410 kcal
Fat	13 g
- of which saturates	2.1 g
Carbohydrate	57 g
- of which sugars	21 g
Fibre	9.9 g
Protein	13 g
Salt	1.2 g
Beta-glucans	1.3 g

WEIGHT 70 g

CARTON 20 pcs



OAT MUG CAKE with chocolate

INGREDIENTS: Oat* flakes (gluten free) 50 %, sugar, milled flaxseed, dried eggs, chocolate 5.6 %, (sugar, dried skimmed milk, cocoa butter, cocoa mass, dried whey, emulsifier: soy lecithin 5.6 %), cocoa powder with reduced fat content, olive oil, corn starch, raising agents (potassium hydrogen tartarate, sodium bicarbonate), dietary fibre, aroma, sea salt, thickener (hydroxypropyl methylcellulose). *Content of gluten < 20 mg/kg.



OAT MUG CAKE gingerbread flavor

INGREDIENTS: Oat* flakes (gluten free) 50 %, sugar, milled flaxseed, dried eggs, olive oil, corn starch, raising agents (monopotassium tartare, sodium bicarbonate), gingerbread spices 1.6 %, dietary fibre, dehydrated orange 0.5 %, sea salt, caramelised sugar, thickener (hydroxypropyl methylcellulose), natural aroma. *Content of gluten < 20 mg/kg.



OAT MUG CAKE with apples & cinnamon

INGREDIENTS: Oat* flakes (gluten free) 50 %, sugar, dried apples 10 %, milled flaxseed, dried eggs, olive oil, corn starch, raising agents (monopotassium tartare, sodium bicarbonate), dietary fibre, aroma, sea salt, milled cinnamon 0.4 %, thickener (hydroxypropyl methylcellulose), aroma. *Content of gluten < 20 mg/kg.

MOQ: 700 kg

PN 0554200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1709 kJ/408 kcal
Fat	14 g
- of which saturates	3.3 g
Carbohydrate	51 g
- of which sugars	20 g
Fibre	11 g
Protein	14 g
Salt	1.2 g
Beta-glucans	3 g

WEIGHT 70 g

CARTON 16 pcs

MOQ: 700 kg

PN 0554300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1688 kJ/404 kcal
Fat	12 g
- of which saturates	1.9 g
Carbohydrate	55 g
- of which sugars	27 g
Fibre	11 g
Protein	13 g
Salt	1.4 g
Beta-glucans	2.1 g

WEIGHT 70 g

CARTON 16 pcs

MOQ: 700 kg

PN 0554400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1696 kJ/404 kcal
Fat	12 g
- of which saturates	1.8 g
Carbohydrate	56 g
- of which sugars	25 g
Fibre	9.4 g
Protein	13 g
Salt	1.2 g
Beta-glucans	2.2 g

WEIGHT 70 g

CARTON 16 pcs



PROTEIN PANCAKE

dry mix

INGREDIENTS: **Wheat** flour, **whey protein** concentrate 30 %, whole grain spelt **wheat** flour, **oat** flour, dried **eggwhite**.

MOQ: 700 kg

PN 0320500

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1490 kJ/355 kcal
Fat	2.0 g
- of which saturates	0.9 g
Carbohydrate	45 g
- of which sugars	1.9 g
Fibre	5.6 g
Protein	36 g
Salt	0.32 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



CZECH RYE GINGERBREAD

INGREDIENTS: **Rye flour** (52 %), sugar, glucose, gingerbread spices, corn starch, raising agent (pyrophosphates E450, sodium carbonate E500), caramel, fat reduced cocoa powder, emulsifier (E471), colorants (E160a).

MOQ: 700 kg

PN 0310400

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT*	
Energy value	1190 kJ/282 kcal
Fat	5.1 g
- of which saturates	0.9 g
Carbohydrate	51 g
- of which sugars	28 g
Fibre	5.7 g
Protein	5.2 g
Salt	0.77 g

*Nutritional values per 100 g of baked product

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



CHOCOLATE CAKE

with chocolate

INGREDIENTS: Sugar, rice flour, deproteinized wheat starch, chocolate 11 % (sugar, dried **whole milk**, cocoa butter, cocoa mass, dried **whey**, emulsifier (**soy** lecithin), thickener [modified potato starch, E415, sodium alginate (E401, E516, E450)], **whey**, emulsifier (glucose syrup, **soy** flour, E472b, E477), fat reduced cocoa powder, raising agents (E500, E450), iodised salt, aroma.

MOQ: 700 kg

PN 0590700

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	1680 kJ/402 kcal
Fat	5.4 g
- of which saturates	5.2 g
Carbohydrate	83 g
- of which sugars	51 g
Protein	3.0 g
Salt	0.7 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.

MIXTURES



GLUTEN FREE SEMIXINA

INGREDIENTS: Sugar, rice flour, deproteinized wheat starch, emulsifier (E472b, E477, glucose syrup, **soy** flour, E450), dried **whey**, raising agents (E450, E500), iodized salt (salt, potassium iodate), acidulant (E330), aroma, thickener (E415), colorant (E160a).

MOQ: 700 kg

PN 0590600

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1600 kJ/383 kcal
Fat	2.0 g
- of which saturates	1.3 g
Carbohydrate	87 g
- of which sugars	44 g
Protein	2.8 g
Salt	1.1 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



GLUTEN FREE BREAD

INGREDIENTS: Potato starch, sorghum flour, buckwheat flour, rice flour, rice starch, thickener (hydroxypropylmethyl cellulose E464), vegetable fibre, caraway seeds, colorant (caramel).

MOQ: 700 kg

PN 0554000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1444 kJ/341 kcal
Fat	1.2 g
- of which saturates	0.14 g
Carbohydrate	76 g
- of which sugars	0.3 g
Fibre	4.9 g
Protein	3.9 g
Salt	0.07 g

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



GLUTEN FREE DRY MIX

can be used also to prepare a great regular pie.



PROTEIN PASTRY

INGREDIENTS: Wheat flour, protein (**wheat**, pea), whole grain **wheat** flour, **soy** flakes, linseed, sunflower, **soy** flour, vegetable fibre, **sesame**, sea salt, flour improvers (L-ascorbic acid E 300), enzyme (oxidoreductases, hydrolases).

MOQ: 700 kg

PN 0523000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1629 kJ/383 kcal
Fat	9.3 g
- of which saturates	0.9 g
Carbohydrate	45 g
- of which sugars	0.9 g
Fibre	5.5 g
Protein	27 g
Salt	2.0 g



GRAIN LOAF

INGREDIENTS: Oat and wheat flakes, sunflower, flaxseed, **soy** flakes, pumpkin seeds, puffed **wheat** grains, vegetable fibre, **sesame**.

MOQ: 700 kg

PN 0011800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1808 kJ/425 kcal
Fat	23 g
- of which saturates	2 g
Carbohydrate	36 g
- of which sugars	1.0 g
Fibre	14.9 g
Protein	19 g
Salt	0.03 g



PASTRY MIXTURES
are wholegrain and high in fibre.

PACKING ACCORDING CUSTOMER'S REQUIREMENTS.



Planet ALLY

THE PLANET AND OUR HEALTH, although it doesn't seem like it at first glance, WANT THE SAME

PlanetALLY is a Semix concept that strives for sustainable food production in relation to human health and the planet.

Global – let's try to stop the warming of the planet

Personal – let's think about our health and eat more plant proteins

Sustainable – let's protect biodiversity in nature and be BIO





We search and offer
ALTERNATIVES
We create affordable
alternatives
to animal protein.

VEGAN FOOD,
which makes sense
Plant-based but
meaningful foods.



PLANT-BASED FOR THE PLANET

We are well aware of the impact of agriculture and the food industry on the climate crisis. Up to 40% of ozone-depleting emissions come from livestock farming.



FOR HEALTH

Plant-based foods are a healthier alternative to animal products.



SUSTAINABLE LIFESTYLE

We have 25 years of caring for Czech eco-localities behind us. We believe that BIO food production has a major impact on sustainability.

WWW.PLANETALLY.TEAM

VEGAN PRODUCTS



VEGAN PLANT-BASED MIXTURES

- Plant-based, but meaningful
- Sprouted legumes as basic mixtures
- Nutritionally balanced
- Plant-based protein
- Fibre source



VEGAN BURGER dry mix

INGREDIENTS: Protein 57.5% (pea 90,5% and rice 9,5%), dried sprouted mung bean crunchy flakes, roast onions (onions 90%, sunflower oil), thickener (E461), starch, yeast extract, olive oil, beetroot concentrate, iodine-enriched table salt (table salt, potassium iodate), dried vegetable, spices, aroma, psyllium, caramelised sugar, acidity regulator (sodium diacetate), antioxidant (ascorbic acid). May contain traces of gluten, egg, milk, soy, nuts and sesame.

MOQ: 700 kg

PN 0262800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	DRY MIX	READY PRODUCT
Energy value	1476 kJ/353 kcal	903 kJ/216 kcal
Fat	7.1 g	11 g
- of which saturates	1.6 g	1.1 g
Carbohydrate	25 g	9.7 g
- of which sugars	3.1 g	1.4 g
Fibre	12 g	6.1 g
Protein	42 g	17 g
Salt	4.0 g	2.1 g

WEIGHT 250 g

CARTON 8 pcs



VEGAN MEATBALLS dry mix

INGREDIENTS: Pea protein 66%, dried sprouted mung bean crunchy flakes, thickener (E461), aroma, sprouted mung bean flour, roast onions (onions 90%, sunflower oil), olive oil, sea salt, dried garlic, psyllium, beetroot concentrate, caramelised sugar. May contain traces of gluten, egg, milk, soy, nuts and sesame.

MOQ: 700 kg

PN 0263000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	DRY MIX	READY PRODUCT
Energy value	1362 kJ/325 kcal	1140 kJ/272 kcal
Fat	6.8 g	16 g
- of which saturates	1.3 g	1.5 g
Carbohydrate	18 g	13 g
- of which sugars	2.3g	<0.5 g
Fibre	6.2 g	1.6 g
Protein	45 g	19 g
Salt	3.2 g	1.4 g

WEIGHT 250 g

CARTON 8 pcs



VEGAN CEVAPI dry mix

INGREDIENTS: Pea protein 44%, dried sprouted mung bean crunchy flakes, thickener (E461), sweet pepper, sprouted mung bean flour, rice flour, roast onions (onions 90%, sunflower oil), aroma, sea salt, olive oil, dried garlic, psyllium, beetroot concentrate, caramelised sugar, ground black pepper. May contain traces of gluten, egg, milk, soy, nuts and sesame.



VEGAN MINCE dry mix

INGREDIENTS: Pea protein 47%, dried sprouted mung bean flour, corn starch, dried sprouted mung bean crunchy flakes, roast onions (onions 90%, sunflower oil), sweet pepper, aroma, sea salt, fermented bean paste (water, beans 28%), olive oil, dried garlic, psyllium, beetroot concentrate, caramelised sugar, ground black pepper. May contain traces of gluten, egg, milk, soy, nuts and sesame.



VEGAN "CZECH PREJT" dry mix

INGREDIENTS: Pea protein 44 %, rice crunchy flakes, dried sprouted mung bean flour, starch, dried sprouted chickpeas flour, dried garlic, sea salt, olive oil, marjoram, aroma, ground black pepper, psyllium. May contain traces of gluten, egg, milk, nuts and sesame.

MOQ: 700 kg PN 0263100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	PN 0263100	
	DRY MIX	READY PRODUCT
Energy value	1300 kJ/311 kcal	1020 kJ/245 kcal
Fat	6.8 g	14 g
- of which saturates	1.3 g	1.4 g
Carbohydrate	25 g	14 g
- of which sugars	3.9 g	0.5 g
Fibre	7.2 g	4.7 g
Protein	34 g	14 g
Salt	3.6 g	1.5 g

WEIGHT 250 g CARTON 8 pcs

MOQ: 700 kg PN 0263300

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	PN 0263300	
	DRY MIX	READY PRODUCT
Energy value	1409 kJ/337 kcal	705 kJ/168 kcal
Fat	6.1 g	9.0 g
- of which saturates	1.1 g	0.3 g
Carbohydrate	31 g	10 g
- of which sugars	2.3 g	0.7 g
Fibre	6.8 g	2.6 g
Protein	36 g	11 g
Salt	3.8 g	1.2 g

WEIGHT 250 g CARTON 8 pcs

MOQ: 700 kg PN 0263500

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	PN 0263500	
	DRY MIX	READY PRODUCT
Energy value	1481 kJ/354 kcal	322 kJ/77 kcal
Fat	5.5 g	1.2 g
- of which saturates	1.0 g	0.2 g
Carbohydrate	39 g	8.5 g
- of which sugars	3.7 g	0.8 g
Fibre	5.8 g	1.3 g
Protein	34 g	7.4 g
Salt	4.2 g	0.9 g

WEIGHT 250 g CARTON 8 pcs

VEGAN PRODUCTS



SPROUTED BREAD dry mix

INGREDIENTS: **Wheat** flour, **spelt** flour, flour from sprouted legumes 11% (chickpeas, mung beans, lentils, black beans), fermented bean paste (water, beans 28%), **rye** flour, thickener (hydroxypropylmethylcellulose E464), flour improvers (L-ascorbic acid E 300), enzyme (hydrolases, oxidoreductases). May contain traces of gluten, egg, milk, soy, nuts and sesame.

MOQ: 700 kg PN 00127000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:		DRY MIX
Energy value		1367 kJ/327 kcal
Fat		1.2 g
- of which saturates		0.22g
Carbohydrate		65 g
- of which sugars		1.1 g
Fibre		4.4 g
Protein		12 g
Salt		0.23 g

WEIGHT 500 g

CARTON 6 pcs



GRAIN LOAF dry mix

INGREDIENTS: **Oat** and **wheat** flakes, sunflower, flax, **soy** flakes, pumpkin, puffed **wheat** grains, vegetable fibre, **sesame**. May contain traces of nuts, egg and milk.

MOQ: 700 kg PN 0011800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:		
DRY MIX	READY PRODUCT	
Energy value		1808 kJ/425 kcal 1246 kJ/298 kcal
Fat		23 g 18 g
- of which saturates		2 g 1.53 g
Carbohydrate		36 g 20 g
- of which sugars		1.0 g 3.3 g
Fibre		14.9 g 7.2 g
Protein		19 g 10 g
Salt		0.03 g 1.06 g

WEIGHT 250 g

CARTON 8 pcs



FIVE GRAIN SNACK healthy snack from legumes

INGREDIENTS: Sprouted sunflower seed 26%, **oat** flakes gluten free 20% (sprouted **oat** flakes 9%), sprouted lentils crunchy flakes 14%, pumpkin seed 10%, sunflower oil, fermented vinegar, plant-based fibre, rice syrup, gluten free barely **malt** extract, flax seed 2%, corn starch, sea salt, antioxidants (ascorbyl palmitate, tocopherol extract, rosemary extract and sunflower lecithin). May contain traces of milk, nuts. *Content of gluten < 20 mg/kg.

MOQ: 1500 kg PN 0630100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	2120 kJ/ 506 kcal
Fat	34 g
- of which saturates	3.9 g
Carbohydrate	24 g
- of which sugars	5.5 g
Fibre	16 g
Protein	18 g
Salt	1.47 g

WEIGHT 150 g

CARTON 8 pcs



MILLED FLAXSEED natural

INGREDIENTS: Flaxseed (*Linum usitatissimum*). Milled and stabilized flaxseed, packed in a protective atmosphere of nitrogen.

MOQ: 300 kg

PN 0535200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy	2120 kJ/508 kcal
Fat	41 g
- of which saturates	4.0 g
- of which polyunsaturated fatty acids	30 g
- of which alpha-linolenic acid (omega-3)	23 g
Carbohydrate	3.9 g
- of which sugars	0.8 g
Fibre	28 g
Protein	19 g
Salt	0.07 g

WEIGHT 100 g

CARTON 15 pcs



MILLED FLAXSEED with cashew nuts & pumpkin seeds

INGREDIENTS: Flaxseed (*Linum usitatissimum*) 83 %, cane sugar, cashew nuts 5 %, pumpkin seed 5 %, cinnamon. Milled and stabilized flaxseed, packed in a protective atmosphere of nitrogen.

MOQ: 300 kg

PN 0535000

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy	2090 kJ/449 kcal
Fat	38 g
- of which saturates	4.3 g
- of which monounsaturated fatty acids	8 g
- of which polyunsaturated fatty acids	26 g
- of which alpha-linolenic acid (omega-3)	19 g
Carbohydrate	9.2 g
- of which sugars	4.1 g
Fibre	27 g
Protein	18 g
Salt	0.06 g

WEIGHT 150 g

CARTON 15 pcs



MILLED POPPYSEED

INGREDIENTS: Poppyseed milled (heat treated).

MOQ: 300 kg

PN 0241600

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:	
Energy value	2210 kJ/529 kcal
Fat	44 g
- of which saturates	5.4 g
Carbohydrate	4.8 g
- of which sugars	3.6 g
Fibre	19 g
Protein	21 g
Salt	< 0.01 g

WEIGHT 200 g

CARTON 10 pcs

SPROUTED PRODUCTS



SPROUTED green pea crunchy flakes

INGREDIENTS: Crunchy flakes from sprouted green pea.



MOQ: 1.5 tons

PN 0790900

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1435 kJ/ 341 kcal
Fat	1.9 g
- of which saturates	0.4 g
Carbohydrate	49 g
- of which sugars	4.6 g
Fibre	21 g
Protein	22 g
Salt	0.02 g

WEIGHT 300 g

CARTON 6 pcs



SPROUTED chickpea crunchy flakes

INGREDIENTS: Crunchy flakes from sprouted chickpea.



MOQ: 1.5 tons

PN 0792200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1494 kJ/ 355 kcal
Fat	3.3 g
- of which saturates	0.4 g
Carbohydrate	50 g
- of which sugars	3.8 g
Fibre	20 g
Protein	21 g
Salt	0.02 g

WEIGHT 220 g

CARTON 6 pcs



SPROUTED quinoa crunchy flakes

INGREDIENTS: Crunchy flakes from sprouted red quinoa.



MOQ: 1.5 tons

PN 0790100

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1660 kJ/ 394 kcal
Fat	6.6 g
- of which saturates	0.6 g
Carbohydrate	66 g
- of which sugars	3.2 g
Fibre	10 g
Protein	12 g
Salt	0.01 g

WEIGHT 300 g

CARTON 6 pcs



SPROUTED

red lentil crunchy flakes

INGREDIENTS: Crunchy flakes from sprouted red lentil.



MOQ: 1.5 tons

PN 0790200

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1515 kJ/ 359 kcal
Fat	1.6 g
- of which saturates	0.3 g
Carbohydrate	53 g
- of which sugars	2.2 g
Fibre	16 g
Protein	25 g
Salt	0.02 g

WEIGHT 250 g

CARTON 6 pcs



SPROUTED

buckwheat crunchy flakes

INGREDIENTS: Crunchy flakes from sprouted buckwheat.



MOQ: 1.5 tons

PN 0790600

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1648 kJ/ 389 kcal
Fat	3.4 g
- of which saturates	0.6 g
Carbohydrate	74 g
- of which sugars	0.6 g
Fibre	3.8 g
Protein	14 g
Salt	0.01 g

WEIGHT 220 g

CARTON 6 pcs



SPROUTED

oat flakes

INGREDIENTS: Sprouted oat* flakes gluten free.

*Content of gluten < 20 ppm



MOQ: 1.5 tons

PN 0790800

NUTRITIONAL INFORMATION PER 100 g OF PRODUCT:

Energy value	1636 kJ/ 388 kcal
Fat	6.3 g
- of which saturates	1.0 g
Carbohydrate	63 g
- of which sugars	2.2 g
Fibre	7.2 g
Protein	16 g
Salt	0.01 g

WEIGHT 300 g

CARTON 6 pcs

PRIVATE LABELS, PACKAGING



We have built up years of experience - in private label breakfast cereals and B2B solutions for the food industry. We support you in bringing your own brands or products to market. We can collaboratively develop and produce innovations with you that are well-developed, attractively priced and of high quality.

Supported by dynamic process management, we translate your ideas into innovative, commercial products. Our product developers are guided by your specifications. You will benefit from our high quality standards and our pronounced innovative strength.

RETAIL solutions - granola, muesli, flakes, muesli snacks, porridges, protein drinks, sprouted grain

B2B solutions - naturally, you expect efficiency, quality and flexibility. We can offer you the latest production technology, extensive experience in product research & development and outstanding service. Your brand is our concern. A trustworthy partnership is our ultimate goal.

TOP QUALITY. Always. At Semix we strive for only the very best. With state-of-the art machinery, the finest ingredients, competent and satisfied employees, high-level certificates and a premium service.



PACKAGING

We can deliver our products in different types of packaging according to the customer's requirements.

- Retail packaging – stand-up pouch, pack, cup
- Standard packaging – bag (material: PE + blue HDPE liner)
- Bulk packaging according to your requirements.
- Product packaging has an impact on product durability.





- HEADQUARTERS
- BRANCHES
- EXPORT COUNTRIES





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