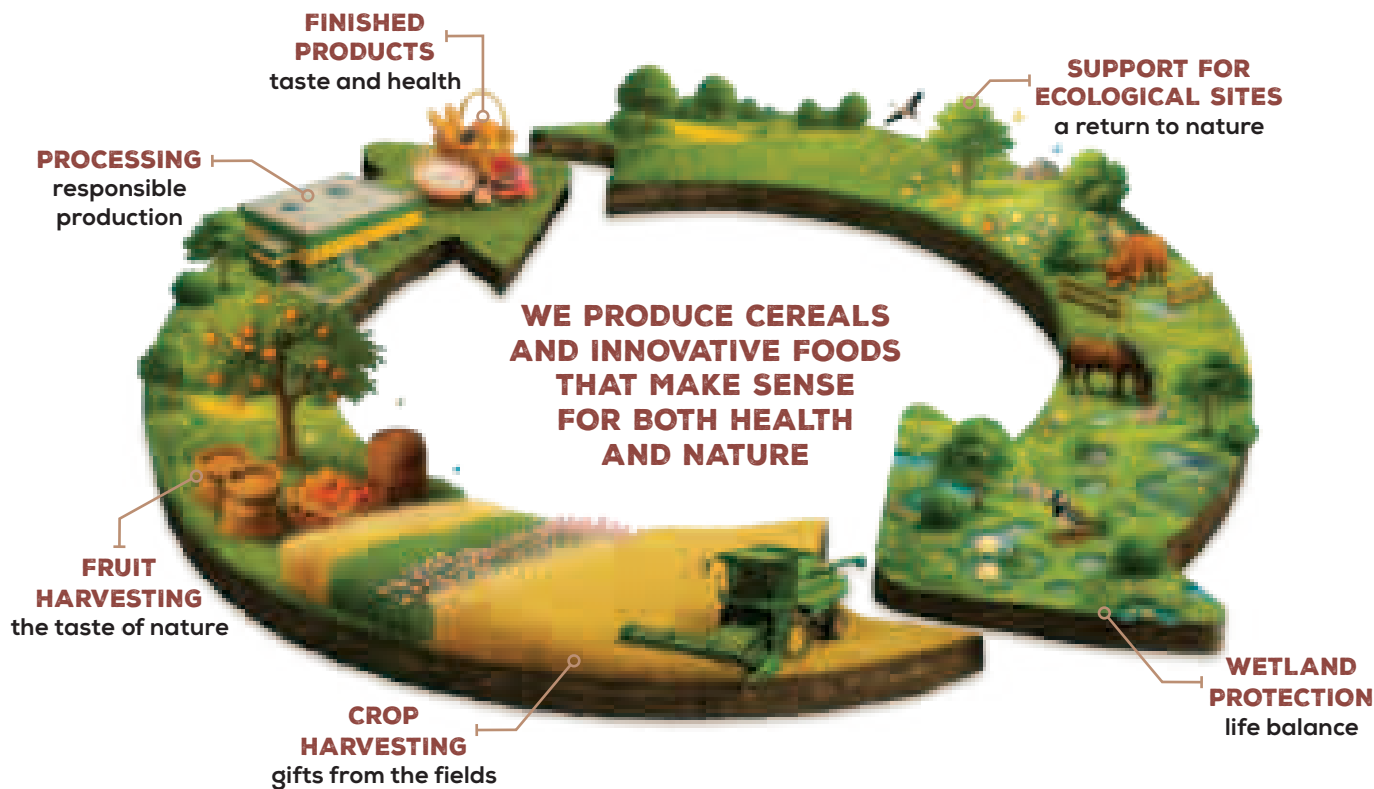




PRODUCT CATALOGUE

Our circle symbolizes the cycle of nature – we draw the best that nature has to offer from fields and orchards. And we respectfully process it into products that support healthy living.

Simultaneously, we return to nature – we attend to the wetlands, protect ecological sites, and support the countryside that gives us everything. We believe that what we take from nature, we have a duty to give back – thereby maintaining a healthy balance for us and future generations.



SEMIX THROUGH THE EYES OF ITS FOUNDERS

We founded Semix with the belief that food can be more than just an everyday item that we take for granted – it can bring joy, health and a respect for nature. From the first baking mixes, we have come a long way to provide a wide portfolio of innovative products which help customers in the Czech Republic and around the world today live more healthily and responsibly. We enjoy our work and it gives us meaning – that is why we emphasize quality, scientific research, sustainability and taste.

We are happy that you are sharing this journey with us, because we believe that together we can change the world for the better – plate by plate.



KAMIL LISAL

“Development should be bold but humble – I see technology as a means, not an end.”



PAVEL KRATOCHVÍL

“From baking mixes, we have grown into a food ecosystem which makes the world healthier.”



MICHAL ČIŽMÁR

“Profit? Yes. But we place the main emphasis on responsibility – towards people and the land.”

SEMIX, FOR YOUR HEALTHY LIFE



WE ARE A FOOD MANUFACTURER OF FOOD AND WE LOVE NATURE

We work in the baking and dairy industries. We produce cereals and process poppy seeds. We own unique technology for the production of a range of sprouted legumes, cereals and pseudo-cereals. Our laboratory is continuously developing innovative products which are in line with global trends. We actively protect nature. We believe in ORGANIC. We Are Semix.



OUR MISSION

Our mission is to produce food which provides a lot of health benefits for the human body and eliminates the use of additives.



COMPANY'S VISION

We want to be a Czech innovative company inventing, producing and selling high-quality products worldwide. We also want to be the leader of organic food production in the Czech Republic.



IN HARMONY WITH NATURE

A sense of social responsibility and a natural relationship to the environment led the owners to support and promote the topic of sustainability. We think of the environment and nature in global terms – we do not use palm oil, we limit the use of animal protein in our products. We also support the BIO-processing of food. We take steps to protect the local countryside in our vicinity. For many years, Semix has cared for seven habitats totalling 82 hectares in the Moravian region, where we look after amphibians, insects, birds and support species diversity and the growth of herbs. Read more on the [NATURA.SEMIX.CZ](https://www.natura.semix.cz) website.



AWARDS AND CERTIFICATES

2025

- **Special Award the Best Innovative New Food Product 2025** – awarded by the President of the Food Chamber of the Czech Republic – **Gluten free bread (dry mix)**

2024

- **Special Award the Best Innovative New Food Product 2024** – awarded by the President of the Food Chamber of the Czech Republic – **Five Grain Snack**

2023

- **Special Award the Best Innovative New Food Product 2023** – awarded by the President of the Food Chamber of the Czech Republic – **Oatmeal drink natural, Muesli cloverleaves, Sprouted Bread Dry Mix**



2022

- **Klasa Award** – Czech products awarded by the Ministry of Agriculture – **Oat Mug Cakes** – different flavours, **Salty Mini Muesli Sticks, Three-Grain Porridge, Buckwheat Porridge**

2021

- **Special Award the Best Innovative New Food Product 2021** – awarded by the President of the Food Chamber of the Czech Republic – **Sprouted Oat Porridge, Oatmeals, Sprouted Muesli**

2020

- **Special Award the Best Innovative New Food Product 2020** – awarded by the President of the Food Chamber of the Czech Republic – **Muesli Sticks and Sprouted Crunchy Red Lentil Flakes**

2019

- **Award of the Governor of the Moravian-Silesian Region** – **Mug Cake with Apples and Cinnamon** received an award in a Regional Food Competition.
- **Klasa Award** – Czech products awarded by the Ministry of Agriculture – **Mug Cake with Chocolate, Oat Mug Cake with Apples and Cinnamon, Oat Mug Cake with Strawberries and Cream, Chia Porridge with Raspberries and Yoghurt**
- **SIAL INNOVATION AWARD** – awarded by the Sial Expert Committee in Québec, Canada – **Oat mug cake with chocolate, Little Muesli Protein Hearts with Ginger and Lemon**

2018

- **Special Award the Best Innovative New Food Product 2018** – awarded by the president of the Food Chamber of the Czech Republic – **Oat Porridge with Buckthorn and 'Sweet Common Sense'** (bakery dry mix for cakes)

2017

- **SIAL INNOVATION AWARD** – awarded by the Sial Expert Committee in China – **Chia Porridge with Raspberries and Yoghurt, Little Muesli Hearts with Apple and Chia Seeds**
- **Special Award for Best Innovative New Food Product 2017** – awarded by the President of the Food Chamber of the Czech Republic – **Crunchy Oat Flakes with Apple and Cinnamon, and Milled Flaxseed with Cashew Nuts and Pumpkin Seeds**

2016

- **SIAL INNOVATION AWARD** – awarded by the Sial Expert Committee in Paris, France – **Sprouted Buckwheat Flakes**

2015

- **Product of the Year 2015** – awarded by members of the public in Israel – assortment of **Muesli LITTLE HEARTS**

2014

- **Special Award the Best Innovative New Food Product 2014** – was awarded by the President of the Food Chamber of the Czech Republic in the category of Food products suitable for celiacs – **Gluten-free Bread and Chocolate Cake Dry Mix (gluten-free)**
- **SIAL INNOVATION AWARD** – awarded by the Sial Expert committee in Paris, France – **Muesli LITTLE HEARTS with Cranberries**



IMPORTANT BENEFITS OF OUR CEREALS



SUITABLE FOR COELIACS

We offer a wide range of gluten-free products. We are internationally certified gluten-free.



OMEGA-3 FATTY ACIDS

Alpha-linolenic acid helps maintain normal cholesterol levels. A daily dose (2 g) be provided by e.g. 13g of ground flaxseed.



ORGANIC PRODUCTS

We are certified organic. Our organic products undergo the strict checks of composition and production process.



RAINFOREST ALLIANCE - COCOA AND CHOCOLATE

We use ingredients that are certified environmentally and human friendly.



SUITABLE FOR VEGANS

Some products contain no animal ingredients - suitable for vegans.



NO PALM OIL

We have replaced palm oil in all recipes with coconut, rapeseed, sunflower and olive oils. We prefer European ingredients with a smaller ecological footprint.

PRIVATE LABELS & PACKAGING



We have built up years of experience – in private-label breakfast cereals and B2B solutions for the food industry. We support you in bringing your own brands and products to the market. We can collaboratively develop and manufacture innovative products with you that are well-developed, attractively priced and of high quality.

Supported by dynamic process management, we translate your ideas into innovative, commercial products. Our product developers are guided by your specifications. You will benefit from our high quality standards and our outstanding innovative strength.

RETAIL SOLUTIONS – granola, muesli, flakes, muesli snacks, porridges, protein drinks, sprouted grains and sprouted flakes

B2B SOLUTIONS – Naturally, you expect efficiency, quality, and flexibility. We offer the latest production technology, extensive experience in product research & development, and outstanding service. Your brand is our concern. A trustworthy partnership is our ultimate goal.

TOP QUALITY. Always. At Semix, we strive for only the very best. With state-of-the-art machinery, the finest ingredients, competent and satisfied employees, high-level certifications and a premium service.



PACKAGING

We can deliver our products in different types of packaging according to the customer's requirements.

- **Retail packaging** – stand-up pouch, pack, cup
- **Standard packaging** – bag (material: PE + blue HDPE liner)
- **Bulk packaging according to your requirements.**
- **Product packaging has an impact on product durability.**



TIP

DELICIOUS
WITH YOGHURT

A SUITABLE SNACK
FOR SCHOOL CHILDREN

ESSENTIAL PART
OF A WOMAN'S
HANDBAG

IDEAL FOR TRIPS
TO THE COUNTRYSIDE



LITTLE HEARTS MUESLI

- Muesli shaped into the size of small hearts
- Made from wholegrain oat flakes
- High in fibre
- Healthy snack for work, school, on a trip or for sports
- Practical single-serving pack
- Palm oil-free
- Vegan
- 6 different flavours

CONTAIN
UP TO
64%
OATS



LITTLE HEARTS MUESLI
WITH PECAN NUTS
& MAPLE SYRUP

50 g 15 pcs PN 0677200



LITTLE HEARTS MUESLI
WITH CRANBERRIES
& SOUR CHERRIES

50 g 15 pcs PN 0677500



LITTLE HEARTS MUESLI
WITH CHOCOLATE

50 g 15 pcs PN 0676900

NEW



LITTLE HEARTS MUESLI
WITH APPLE

50 g 15 pcs PN 0677700



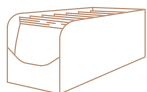
LITTLE HEARTS MUESLI
WITH CHOCOLATE
& COCONUT

50 g 15 pcs PN 0676800



LITTLE HEARTS MUESLI
WITH COCONUT

50 g 15 pcs PN 0677300



DISPLAY CARTON
WITH SEPARATE LID



SALTY MUESLI STICKS



- A unique and novel product on the market
- Made from oats and legumes, providing long-lasting energy
- Excellent as a snack or late dinner
- High in fibre
- Gluten-free and palm oil-free
- Ideal for trips, holidays or a long drive
- Delicious with beer or wine
- Ideal accompaniment for creamy soups or vegetable salads as an alternative to bread or croutons

IDEAL



DRIVING



TO WORK



FOR SPORTS



ON A TRIP



TO SCHOOL



MUESLI STICKS
WITH TOMATOES
& BASIL

55 g 16 pcs PN 0800100



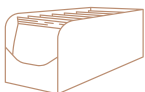
MUESLI STICKS
WITH CHEESE

55 g 16 pcs PN 0800200



LEGUME STICKS
WITH LENTILS
& MUNG BEANS

55 g 16 pcs PN 0801000



DISPLAY CARTON
WITH SEPARATE LID

MINI FRUIT MUESLI STICKS

- An unique product thanks to sprouted oats for improved digestibility
- No added sugar - contains only naturally occurring sugars from fruit
- Soft and juicy
- Bite-sized shape and portion
- Approx. 14 pieces per bag
- Gluten-free and palm oil-free
- A source of fibre
- Suitable for vegans



IDEAL



DRIVING



TO WORK



FOR SPORTS



ON A TRIP



TO SCHOOL

MINI MUESLI STICKS WITH APRICOT

70 g 18 pcs PN 0800500



MINI MUESLI STICKS WITH BANANA

70 g 18 pcs PN 0800700



MINI MUESLI STICKS WITH NUTS, RAISINS & DATES

70 g 18 pcs PN 0800600



MINI MUESLI STICKS WITH SOUR CHERRY & DATES

70 g 18 pcs PN 0800800



MINI MUESLI STICKS WITH COCOA BEANS & ORANGE

70 g 18 pcs PN 0800400

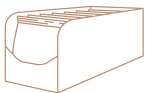
MUESLI CLOVERLEAVES WITH CHOCOLATE

- Made from sprouted oats
- Contains 11 % dark chocolate
- High fibre content - more than 9%
- Higher concentration of valuable nutrients
- Easier to digest
- Suitable for vegans



TIP

PERFECT FOR
DECORATING CAKES
AND DESSERTS.
CAN BE USED AS A
DECORATION INSTEAD
OF TRADITIONAL
MARZIPAN.



DISPLAY CARTON
WITH SEPARATE LID

**MUESLI
CLOVERLEAVES
WITH CHOCOLATE**

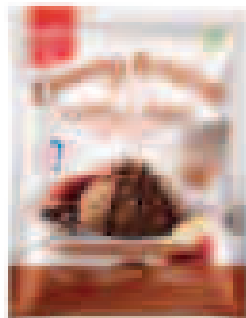
 70 g  18 pcs PN 0800900





OAT MUG CAKE

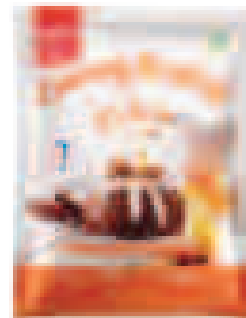


- Dry mixture for preparing a delicious oatmeal dessert
- Ideal breakfast or snack
- Very quick to prepare in the microwave (3 minutes)
- Tastes best served warm
- Can be prepared in advance for travelling, for work or school
- Delicious with fresh fruit, yoghurt, or sour cream
- Can be decorated with grated chocolate, nuts etc.
- Made from gluten-free oats
- High in fibre
- Palm oil-free





OAT MUG CAKE
WITH APPLES
& CINNAMON

 70 g  20 pcs PN 0554400



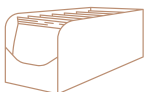
OAT MUG CAKE
GINGERBREAD FLAVOR

 70 g  20 pcs PN 0554300



OAT MUG CAKE
WITH CHOCOLATE

 70 g  20 pcs PN 0554200



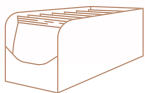
DISPLAY CARTON
WITH SEPARATE LID



PROTEIN COCKTAILS

- Dry mixture for the preparation of a protein drink
- Contains whey protein and natural sweeteners
- Suitable as a replacement for one daily meal
- Ideal after sports
- One serving makes 400 ml of a hearty protein shake
- Can be prepared with water or milk (milk makes the drink richer)
- Ready in a shaker or blender
- 5 flavours

NEW



DISPLAY CARTON WITH SEPARATE LID

PROTEIN COCKTAIL WITH PISTACHIOS

30 g 36 pcs PN 0773100



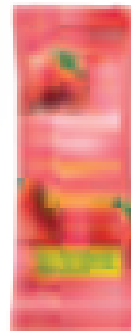
PROTEIN COCKTAIL WITH BANANA

30 g 36 pcs PN 0770100



PROTEIN COCKTAIL WITH COCONUT & CHOCOLATE

30 g 36 pcs PN 0770400



PROTEIN COCKTAIL WITH STRAWBERRIES

30 g 36 pcs PN 0770200



PROTEIN COCKTAIL WITH COFFEE

30 g 36 pcs PN 0770500



PROTEIN SOUPS

Up to **51%**
PROTEIN
per 100 g
of product

- Suitable as a main meal, breakfast, or dinner
- High in protein
- Contain whey or pea protein
- Creamy consistency
- Protein contributes to the growth and maintenance of muscle mass and also to the maintenance of bone health

EASY PREPARATION



PROTEIN SOUP
WITH TOMATOES

55 g 22 pcs PN 0770700



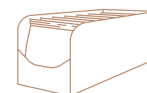
PROTEIN SOUP
WITH SPINACH

55 g 22 pcs PN 0770800



PROTEIN SOUP
WITH GREEN PEAS

55 g 22 pcs PN 0770900





DISPLAY CARTON
WITH SEPARATE LID

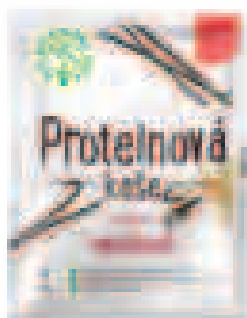
OAT PROTEIN PORRIDGE

- Made from wholegrain oat flakes
- With whey protein
- Protein contributes to the growth and maintenance of muscle mass and also to the maintenance of bone health
- Helps curb hunger and sweet cravings, promoting a greater feeling of fullness.
- High in fibre
- Palm oil-free
- Low in saturated fat



PROTEIN PORRIDGE
WITH BLUEBERRIES

 65 g  22 pcs PN 0354200




PROTEIN PORRIDGE
WITH VANILLA

 65 g  22 pcs PN 0354400



PROTEIN PORRIDGE
WITH BANANA

 65 g  22 pcs PN 0352400



PROTEIN PORRIDGE
WITH STRAWBERRIES

 65 g  22 pcs PN 0352300



PROTEIN PORRIDGE
WITH CHOCOLATE

 65 g  22 pcs PN 0358500

COLLAGEN OAT PORRIDGE

- Collagen for joints, skin and hair health
- Magnesium helps reduce fatigue and exhaustion
- Vitamin C supports natural defences and collagen absorption
- Zinc helps to maintain healthy skin, hair and nails
- A base of fine oatmeal - nutrition that fills you up
- Available in three delicious flavours



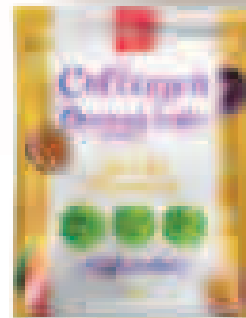
**COLLAGEN OAT
PORRIDGE**
PINEAPPLE & COCONUT

55 g 22 pcs PN 0359200



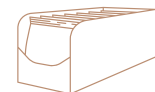
**COLLAGEN OAT
PORRIDGE**
ORANGE & CINNAMON

55 g 22 pcs PN 0359000



**COLLAGEN OAT
PORRIDGE**
MANGO & PASSION FRUIT

55 g 22 pcs PN 0359100

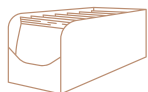


DISPLAY CARTON
WITH SEPARATE LID

SPROUTED OAT PORRIDGE



- A unique product on the market
- Contains sprouted oats and sprouted red quinoa for improved digestibility
- Cocoa bean and date flavour = no added sugar
- Gluten-free and palm oil-free
- Source of protein
- High in fibre
- Contains beta-glucans



DISPLAY CARTON
WITH SEPARATE LID

**SPROUTED OAT
PORRIDGE**
WITH QUINOA, COCOA
BEANS & DATES!

65 g 22 pcs PN 0558500

**SPROUTED OAT
PORRIDGE**
WITH QUINOA
& NUTS

65 g 22 pcs PN 0557000

**SPROUTED OAT
PORRIDGE**
WITH QUINOA, APPLE
& CINNAMON

65 g 22 pcs PN 0556900

CHIA PORRIDGE

- Contains up to 10% chia seeds - a rich source of ALA omega-fatty acids
- ALA contributes to the maintenance of normal cholesterol levels (beneficial effect is achieved with a daily intake of 2 g)
- Hydrates from within - chia seeds bind water and form a fine gel
- Lasts longer - thanks to the fibre, healthy fats and the ability to increase volume
- Supports weight management - helps curb hunger
- Slows down the digestion of carbohydrates, helps to stabilise blood sugar levels to be more stable
- Source of antioxidants - with possible anti-inflammatory effects
- Provides long-lasting energy thanks to the healthy fats



GLUTEN
FREE



CHIA PORRIDGE
WITH APPLE
& CINNAMON

 65 g  22 pcs PN 0552700



CHIA PORRIDGE
WITH CRANBERRIES
& CASHEW NUTS

 65 g  22 pcs PN 0352100



CHIA PORRIDGE
WITH BLUEBERRIES
& WHEY

 65 g  22 pcs PN 0352200



CHIA PORRIDGE
WITH STRAWBERRIES

 65 g  22 pcs PN 0358700

OMEGA 3 OAT PORRIDGE

GLUTEN-FREE

- Suitable for coeliacs
- High in fibre
- Contains beta-glucans
- Ideal hot breakfast
- Single serving pack suitable for work
- Containing alpha linolenic acid from the omega 3 fatty acid range



OAT PORRIDGE
WITH COCONUT

65 g 22 pcs PN 0355400



OAT PORRIDGE
WITH GOJI

65 g 22 pcs PN 0355200



**BUCKWHEAT
PORRIDGE**
WITH PECAN NUTS

65 g 22 pcs PN 0552800



DISPLAY CARTON
WITH SEPARATE LID

LOWER SUGAR PORRIDGE

- Low in sugar - suitable for everyday healthy eating
- High in fibre - supports digestion and induces a longer feeling of satiety
- A quick and nutritious breakfast or snack
- A natural source of energy from cereals
- No artificial sweeteners or unnecessary additives
- Also suitable for people watching their sugar intake or trying to lose weight





OAT PORRIDGE
WITH VANILLA

 65 g  22 pcs PN 0358800





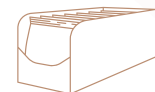
OAT PORRIDGE
NATURAL

 65 g  22 pcs PN 0353100



MULTIGRAIN PORRIDGE
NATURAL

 65 g  22 pcs PN 0552300



DISPLAY CARTON
WITH SEPARATE LID



RICE PORRIDGE, PORRIDGE FOR CHILDREN



- Rice is naturally gluten-free
- Suitable for coeliacs
- Pleasant fruit flavours
- Palm oil-free
- Enriched with calcium – supports healthy bone development and strong teeth in children



RICE PORRIDGE
WITH APRICOTS

65 g 22 pcs PN 0553000



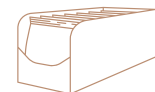
OAT PORRIDGE
WITH CHOCOLATE,
BANANA & CALCIUM

65 g 22 ks PN 0554700



RICE PORRIDGE
WITH RASPBERRIES

65 g 22 pcs PN 0550900



DISPLAY CARTON
WITH SEPARATE LID

PRODUCTS

FROM SPROUTED SEEDS

WHY SPROUTED?

- During Germination, biochemical processes occur that significantly alter the nutritional value of the seeds
- Increased concentration of valuable nutrients (proteins, fibre, antioxidants)
- Higher digestibility
- Pleasant taste, soft, crunchy
- Ready for immediate consumption
- Gluten-free
- Use with yoghurt, desserts, porridge, muesli, spread, soups, in salads or ready meals
- High in fibre
- Source of protein
- Complete information and recipes found at **SPROUTED.CZ**



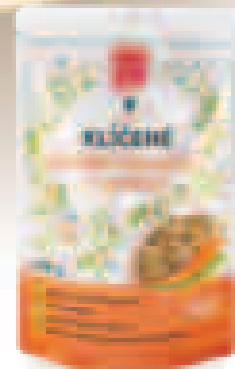
SPROUTED
OAT FLAKES

300 g 6 pcs PN 0790800



SPROUTED
BUCKWHEAT CRUNCHY
FLAKES

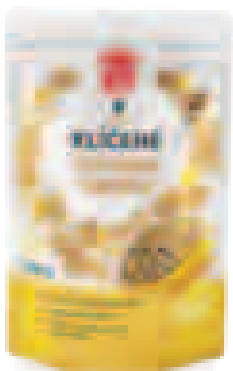
220 g 6 pcs PN 0790600



SPROUTED
RED LENTIL CRUNCHY
FLAKES

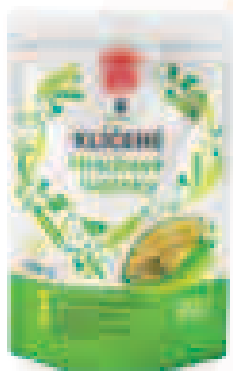
250 g 6 pcs PN 0790200





SPROUTED
CHICKPEA CRUNCHY
FLAKES

220 g 6 pcs PN 0792200



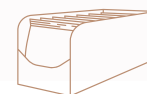
SPROUTED
GREEN PEA CRUNCHY
FLAKES

300 g 6 pcs PN 0790900



SPROUTED
QUINOA CRUNCHY
FLAKES

300 g 6 pcs PN 0790100



DISPLAY CARTON
WITH SEPARATE LID

FLAXSEED AND POPPYSEED

MILLED POPPYSEED

- Gently processed and finely ground, with shelf life ensured by steam treatment
- Intense flavour and rich aroma thanks to high-quality processing
- Perfect for poppy seed fillings in buns, cakes, rolls, or as a sprinkling on pastries
- Naturally rich in calcium - helps maintain healthy bones and teeth
- Bohemian poppy seeds, free from additives

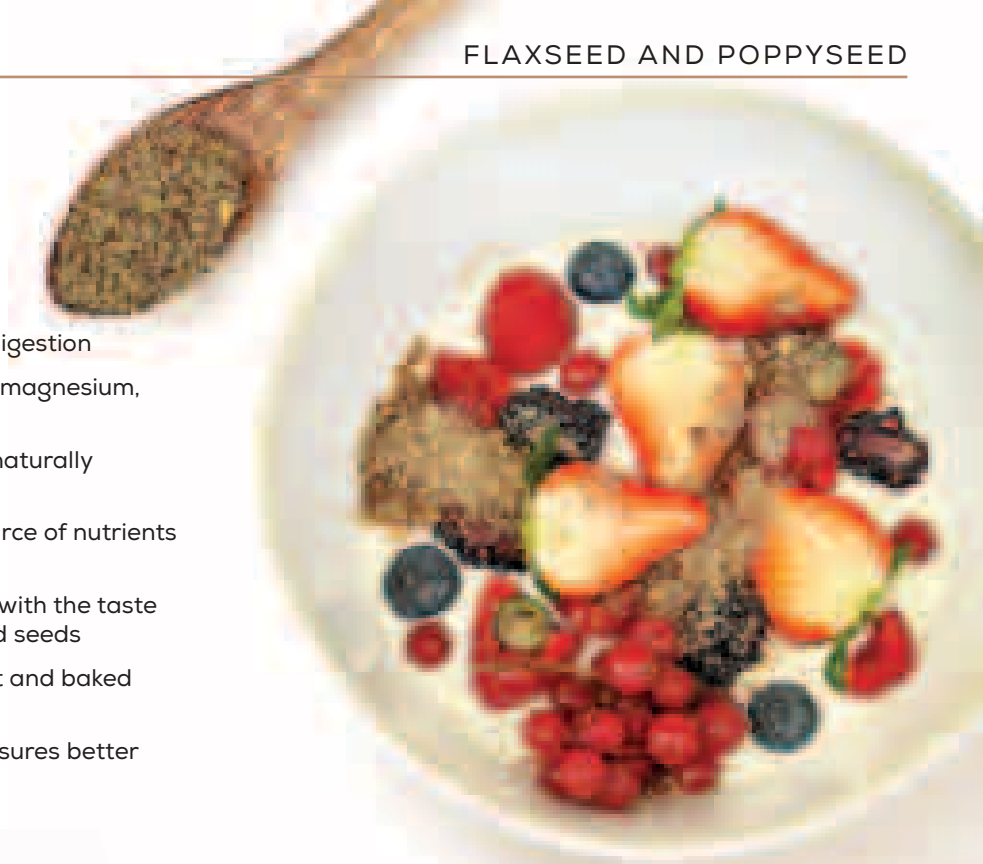


MILLED POPPYSEED

 200 g  10 pcs PN 0241600

MILLED FLAXSEED

- High in unsaturated fatty acids - for normal cholesterol levels
- Contains ALA (alpha-linolenic acid) from the omega-3 series - benefits achieved from just 2g per day
- Rich source of fibre - promotes healthy digestion
- Contains 5 important minerals: Calcium, magnesium, phosphorus, zinc and iron
- No preservatives or added sugar - only naturally occurring sugars
- Natural variant - purely plant-based source of nutrients for everyday use
- Cashew and pumpkin flavour - enriched with the taste and other nutritional benefits of nuts and seeds
- Suitable for porridge, smoothies, yoghurt and baked goods
- Milled flaxseed, unlike whole flaxseed, ensures better absorption of nutrients in the body




MILLED FLAXSEED
NATURAL

 200 g  10 pcs PN 0535200

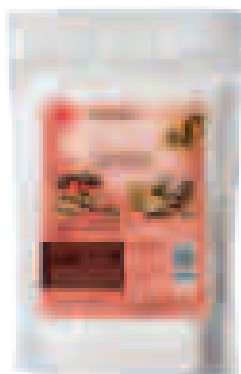


MILLED FLAXSEED
WITH CASHEW NUTS
& PUMPKIN SEEDS

 200 g  10 pcs PN 0535000

MIXTURES FOR BAKING

- Easy preparation of pastries or desserts from mixtures - just add basic ingredients
- Recipes that guarantee a perfect result
- Flavour-balanced and moist
- Protein variants - for higher protein content and longer satiety



SEMIXÍNA
GLUTEN-FREE

500 g 6 pcs PN 0590600



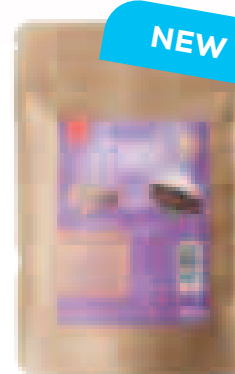
PROTEIN PANCAKES
NATURAL

500 g 20 pcs PN 0350500



BREAD
GLUTEN-FREE

400 g 6 pcs PN 0870300



**CZECH RYE
GINGERBREAD**
GLUTEN-FREE

400 g 6 pcs PN 0591000

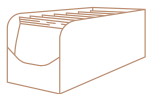
WHOLEGRAIN CRUNCHY FLAKES

- Crunchy flakes and flakes are suitable for the preparation of cereal dishes (muesli, porridge)
- Can also be enjoyed on their own with milk, yoghurt or fruit juice
- Unlike flakes, wholemeal crunchy flakes are crisp and have a captivating taste thanks to special heat treatment
- Both oat crunchy flakes and flakes contain beta-glucans, which lower blood cholesterol levels
- Crunchy flakes and flakes can also be produced in organic quality
- The muesli is truly wholegrain, including the grain's outer layers

CRUNCHY SPELT FLAKES WITH CHOCOLATE

CRUNCHY OAT FLAKES WITH HONEY AND SEEDS

CRUNCHY OAT FLAKES WITH APPLE AND CINNAMON



DISPLAY CARTON
WITH SEPARATE LID



**CRUNCHY MILLET
FLAKES**

450 g 8 pcs PN 0531000



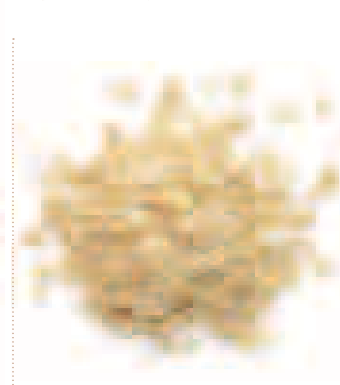
**CRUNCHY
BUCKWHEAT
FLAKES**

450 g 8 pcs PN 0531300



**CRUNCHY WHEAT
FLAKES**

200 g 6 pcs PN 0530100



**CRUNCHY OAT
FLAKES**

200 g 6 pcs PN 0570100



**CRUNCHY BARLEY
FLAKES**

200 g 6 pcs PN 0532000

MUESLI / GRANOLA

UNDER PRIVATE LABEL

CRUNCHY MUESLI

WITH FRUITS & NUTS

CRUNCHY MUESLI

WITH CHOCOLATE

CRUNCHY MUESLI

WITH CHOCOLATE **(GLUTEN-FREE)**

CRUNCHY MUESLI

WITH HONEY **(GLUTEN-FREE)**

CRUNCHY MUESLI

WITH NO ADDED SUGAR **(GLUTEN-FREE)**

BUCKWHEAT MUESLI

WITH AMARANTH **(GLUTEN-FREE)**

DELICATE MUESLI

WITH RED FRUITS **(GLUTEN-FREE)**

CRUNCHY MUESLI

WITH NUTS **(GLUTEN-FREE)**

CRUNCHY MUESLI

WITH QUINOA, CRANBERRY
AND ALMONDS **(GLUTEN-FREE)**

CRUNCHY MUESLI

WITH QUINOA, APPLES
AND STRAWBERRY **(GLUTEN-FREE)**

Additional options can be developed
according to customer requirements.



SAVOURY CRUNCHY MUESLI

UNDER PRIVATE LABEL

WE CAN MAKE PRIVATE LABEL PRODUCTS WITH UNSWEETENED MUESLI USING SPROUTED GRAINS, LENTILS AND OTHER INGREDIENTS

- Ideal for salads, sprinkles for soup and spreads
- High fibre content
- Source of protein



WHY IS OVSÁNEK DIFFERENT?

- **The oats in Ovsánek are wholegrain with a high fibre content.**
The soluble fibre acts as a prebiotic for the intestinal microbiome, while the insoluble fibre supports intestinal peristalsis and contributes to the prevention of colon cancer.
- **The oats are pre-sprouted and then cooked.**
The sprouting process increases the content and digestibility of certain nutrients and at the same time reduces the content of antinutrients.
- **The oats are cleaned of other gluten-containing grains.**
The gluten-free nature of oats is strictly analysed.
- **Ovsánek does not contain any additional thickeners and it is composed of simple ingredients.**

1. from oat flakes, which remain partially whole even after cooking

2. from finely ground oat flour for a creamy consistency



GLUTEN-FREE

NO ADDITIVES

SPROUTED OAT

THE NUTRITIONAL VALUE OF BOTH VERSIONS IS THE SAME.

OATS – A SUPERFOOD

AS THE NAME SUGGESTS, THIS PRODUCT IS BASED ON A CEREAL – OATS. OATS ARE A SUPERFOOD IN THEIR OWN RIGHT.

THEY CONTAIN A WHOLE RANGE OF SUBSTANCES WITH ANTIOXIDANT ACTIVITY. THEY ARE RICH IN MICRONUTRIENTS – B VITAMINS, VITAMIN E, CAROTENOIDS AND IMPORTANT MINERALS. THE PRESENCE OF BETA-GLUCANS IS PARTICULARLY VALUABLE.

HOW IS OVSÁNEK PRODUCED?



SPROUTING

It is not enough to simply steam the oats.

The high fibre and valuable beta-glucan content may not be fully utilised by the body if the oats are not cooked sufficiently. Common oat flakes found in stores are only steamed and rolled, not cooked. This means that they are still raw.



COOKING

Benefits of properly cooked oats:

- Oligosaccharides, and especially beta-glucans, cannot be absorbed without being cooked in sufficient water.
- The starch contained in oats softens during the cooking process, becomes absorbable, and after cooling, acquires the properties of resistant starch.
- Oats with these properties do not show a sharp increase in the glycaemic index after consumption and thus better protect against the development of type 2 diabetes.



FERMENTATION

What does fermentation bring?

- Perfectly cooked oats with accessible beta-glucans. It has been scientifically proven that beta-glucans support immunity and are also a nutrient source beneficial for the intestinal microbiome.
- Oats are a non-dairy fermented product, lactose-free, with live lactic acid bacteria.
- The bacteria produce lactic acid, which has beneficial dietary effects on the digestive system.



PRODUCT



LIVE FERMENTATION

The natural path to healthy digestion and mental well-being.



GLUTEN-FREE AND DAIRY-FREE

Suitable for people with food intolerances.



NUTRITION FROM SPROUTED OATS

More vitamins, better absorption, and long-lasting energy.



IMMUNITY SUPPORT

Beta-glucans and lactic acid bacteria for immunity.



CZECH PRODUCTS, PURE INGREDIENTS

No chemicals a respect for nature.



OATMEAL

FERMENTED PRODUCTS FROM SPROUTED OATS



VEGAN



LOOKS LIKE YOGHURT... BUT IT'S NOT YOGHURT!

It contains live cultures of bacteria that have a beneficial effect on digestion and last in the product for the entire shelf life. The oatmeal is thick and wonderfully filling. The firm consistency is due to the oat betaglucons, which support our body's immunity.

- Whole grain product
- Made from sprouted gluten-free oats
- Live ripening yoghurt culture
- Naturally occurring lactic acid
- Contains betaglucons – soluble fibre
- Chilled product which requires refrigeration at 4-8 °C



OATMEAL
STRAWBERRY

160 g 9 pcs PN 0820600



OATMEAL
APRICOT

160 g 9 pcs PN 0820700



OATMEAL
NATURAL

160 g 9 pcs PN 0820500



OATMEAL
BLUEBERRY

160 g 9 pcs PN 0821000



OATMEAL
SOUR CHERRY

160 g 9 pcs PN 0821100



OATMEAL
APPLE CINNAMON

160 g 9 pcs PN 0821200

OVSÁNEK CREAMY

THE POPULAR
NEW OATMEAL
ALSO IN
A CREAMY
CONSISTENCY

- Fermented product
- 15% gluten-free wholegrain oats
- Contains live yoghurt cultures
- Naturally occurring lactic acid
- Creamy consistency

VEGAN

GLUTEN-
FREE



OATMEAL
APRICOT



OATMEAL
BANANA

 160 g  9 pcs PN 0821300

 160 g  9 pcs PN 0821400

OVSÁNEK PROTEIN

NEW

- Faba bean protein
- Low in fat
- Wholegrain oat product
- Maturing yogurt culture
- Creamy consistency

VEGAN

GLUTEN-
FREE

LACTOSE
FREE



OATMEAL
HIGH PROTEIN

 160 g  9 pcs PN 0821400

OVSÁNEK DRINK

- Wholemeal product
- Contains up to 17 % sprouted oats
- Live maturing yoghurt culture
- Naturally occurring lactic acid
- With a helpful drinking spout on the lid
- Great for travel, work or school, a quick and healthy snack

REFRESHING
FERMENTED
DRINK
MADE FROM
SPROUTED
OATS



VEGAN



OATMEAL DRINK
NATURAL

230 g 12 pcs PN 0820800



OATMEAL DRINK
MANGO PINEAPPLE

230 g 12 pcs PN 0820900



OATMEAL DRINK
RASPBERRY

230 g 12 pcs PN 0821500

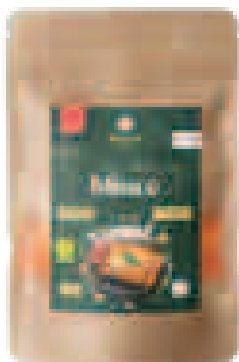


NEW

MEANINGFUL VEGAN FOOD

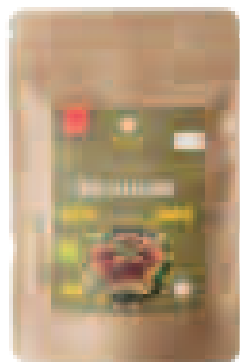


- Dry mixes for food preparation
- Based on sprouted legumes (peas and mung beans)
- Easy to prepare - just add water and oil
- High protein content
- Family portions



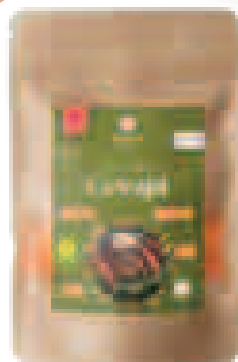
**VEGAN
MINCE**

180 g 8 pcs PN 0263300



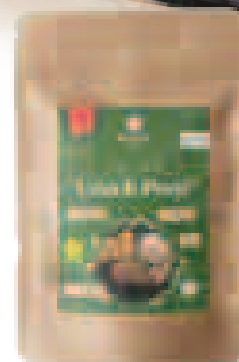
**VEGAN
MEATBALLS**

180 g 8 pcs PN 0263000



**VEGAN
CEVAPI**

160 g 8 pcs PN 0263100



**VEGAN
„CZECH PREJT“**

150 g 8 pcs PN 0263500

PLANT-BASED FOR THE PLANET

We are well aware of the impact of agriculture and food production on the climate crisis. Up to 40% of ozone depleting emissions come from livestock farming.

FOR HEALTH

Plant-based foods are a healthier alternative to animal products.



SUSTAINABLE LIFESTYLE

We have 25 years of caring for Czech ecolocations. We believe that organic food production has a major impact on sustainability.



**VEGAN
BURGER**



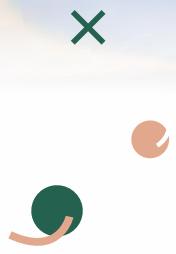
 150 g  8 pcs PN 0262800



VEGAN BAKING MIXES

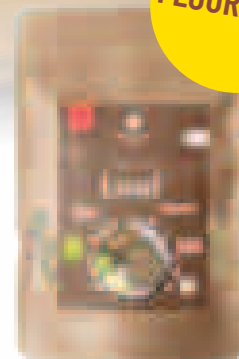


- Mixes for home-baked bread, suitable for ovens or breadmakers



SPROUTED BREAD

500 g 6 pcs PN 012700



GRAIN LOAF

250 g 8 pcs PN 011800



FIVE GRAIN SNACK

GLUTEN-FREE

- High in fibre
- A good source of protein
- A great alternative to bread
- Gluten-free and flour-free
- Made from sprouted oats, sprouted lentils, sprouted sunflower seeds, pumpkin seeds and flaxseed



FIVE GRAIN SNACK

150 g 6 pcs PN 0630100

SPROUTED
IS EASIER
TO DIGEST



WE DELIVER TO

- HEADQUARTERS
- BRANCHES
- EXPORT COUNTRIES







SEMIX PLUSO, spol. s r.o.
Rybničky 338, 747 81 Otice,
Czech Republic
VAT: CZ62360311
Databox: 8p7zsuh
E: export@semix.cz
WWW.SEMIX.CZ/EN